

**List of CPFs State Welfare Officer for Welfare and Rehabilitation Board (MHA)**

S / No.	S/No.	Force	State/ Place	Name of Officer	Office Address	Tele No. (O),(R),(CR),(F)	
1	1	AR	Manipur, Mantripokhari,	Brig J C Sharma, Addl IGAR(S)	IGAR (South) Mantripokhari, PO-Mantripokhari, Manipur Pin-932555 C/O 99APO	0385-2427762 (O) 0385-2575002 (R) 0385-2575216 (F) 0385-2427773 (O) 0385-2427775 (M)	<a href="mailto:swo-manipur@yahoo.com">swo-manipur@yahoo.com</a>
2	2	AR	Mizoram, Aizawl	Brig A P Rai, VSM	Cdr 23 Sector, Assam Rifle Aizawl, Mizoram Pin-932423 C/O 99APO	0389-2335555 (O) 0389- Nil 0389- Nil 0389- 2333688 (F)	<a href="mailto:miozoramranger@gmail.com">miozoramranger@gmail.com</a>
3	3	AR	Nagaland, Kohima	Brig A K Singh,	Cdr 5 Sector, Assam Rifle Chieswam Nagaland Pin-934825 C/O 99APO	0370-2290772 (O) 0370- 2290626 (R) 0370- Nil 0370- 2290273 (F) 09436000102	<a href="mailto:castlear5@yahoo.com">castlear5@yahoo.com</a>
4	1	BSF	Assam	Sh J C Panday, DIG	DIG, SHQ BSF Patgaon, Guwahati, PO- Azara, Distt- Kamrup, Guwahati-781017	0361-2840306 (O) 0361- 2840308 (R) 0361- Nil 0361-2840306 (F) 09435545926 (M)	<a href="mailto:shqghty@bsf.nic.in">shqghty@bsf.nic.in</a>
5	2	BSF	J & K	Sh A K Surulia, IPS, IG	IG BSF, Ploura BSF Camp Jammu (J & K) Pin-181124	0191-2580542 (O) 0191- 2582843 (R) 0191-2580542 (F)	<a href="mailto:jmufr@bsf.nic.in">jmufr@bsf.nic.in</a>
6	3	BSF	Meghalaya	Sh P K Mishra, IG	IG BSF, Shillong, PO- Umpling, Distt-Khasi Hills(East) Shillong-793006	0364-2535891 (O) 0364-2534790 (R) 0364- Nil 0364-2535891 (F)	<a href="mailto:shgfr@bsf.nic.in">shgfr@bsf.nic.in</a>
7	4	BSF	Rajasthan	Sh K L Meena, IPS, IG	IG BSF, Jodhpur, Rajasthan Pin-342026	0291-2570252 (O) 0291- 2571252 (R) 0291-2570060 (F) 09413329177 (M)	<a href="mailto:rajfr@bsf.nic.in">rajfr@bsf.nic.in</a>
8	5	BSF	Tripura	Sh S K Mishra, IPS,IG	IG BSF, Tripura PO- Salbagan Distt- Tripura(W) Pin-799012	0381-2379602(O) 0381- 2397606(R) 0381- Nil 0381-2397714(F)	<a href="mailto:tcnfr@bsf.nic.in">tcnfr@bsf.nic.in</a>
9	1	CISF	Karnatka	Sh R R Sahay, DIG, (DOS)	DIG CISF, DOS HQrs, Antariksh Bhawan, New BEL Road, Banglore, Karnatka-560094	080-22172243 (CR) 080- 23415247 (O) 080- 23568559 (R) 080- 23414987 (F) 09845276106 (M)	<a href="mailto:digdors@cisf.gov.in">digdors@cisf.gov.in</a>
10	2	CISF	Maharashtra , Goa	Sh G N Zutshi	IG WZ CISF, RCFL Campus Mumbai	022-22922327 (O) 022- 25522384 (O) 09969921990 (M)	
11	3	CISF	Tamilnadu , Pondicherry	Sh J Jyanth Murli IPS,	IG CISF, ChPT South Sector HQ Chennai, Tamilnadu	044-24915878 (O) 044- 28203738 (R) 044- Nil 044- 24469814 (F)	
12	1	CRPF	Andhra Pradesh	Sh P M Goud, IPS , IG	IG HQ CRPF, Hyderabad	0402-3557011 (O) 09440900300 (M)	
13	2	CRPF	Chatishgarh	Sh T B Rao	Range HQrs, O/O DIGP,Raipur Chatishgarh	0771-2283901 (O) 0771- 2283902 (R) 0771-2283077 (CR)	
14	3	CRPF	Gujrat, Daman & Diu	Sh Rajendera Ghai	Range HQrs, O/O DIGP, Gandhinagar, (Chiloda Road) Ahmdabad, Gujrat-382042	079-23261724 (O) 079- 23260209 (R) 079- 23262587 (F)	
15	4	CRPF	Haryana	Sh R K Saxena, IG	IG CRPF Chandigarh, Haryana	0172-2652992(O) 0172- 2654489 (R) 0172- 2652992(CR) 0172- 2652866 (F)	
16	5	CRPF	J&K	Sh S K Jain,IPS	IG CRPF , Srinagar J & K	0194-2461279 (O) 0194- 2500752 (R ) 0194- 2461280 (CR) 0194-2463875 (F)	
17	6	CRPF	Jharkhand	Sh Alok Raj , DIGP	DIG CRPF, Sindri, Ranchi, Jharkhand	0651-2601001 (O) 0651- 2601002 (R) 0651- 2601006(CR)	

18	7	CRPF	Kerala & Lakshdeep	Sh George C Francies	RTC-III O/O DIGP, GC Campus, Pallipuram, Thiruvananthapuram Kerala	0471-2750555 (O) 0471- 2750979 (R) 0471- 2750981(CR)	
19	8	CRPF	Madhya Pradesh	Shri K K Sharma, DIGP-BPL	Range HQrs, O/O DIGP, GC Campus Bangrasia, Bhopal MP-462045	07480-262217 (O) 07480- 262231 (R) 07480-262399 (F)	<a href="mailto:digcrfbpl@mp.nic.in">digcrfbpl@mp.nic.in</a>
20	9	CRPF	Orrissa	Sh H R Singh	Range HQrs, O/O DIGP, Bhubaneshwar Orissa	0674-2553289 (O) 0674- 2555185 (R ) 0674- 2555185(CR)	
21	10	CRPF	Punjab	Sh R K Saxena, IG	IG CRPF Chandigarh, Haryana	0172-2652992 (O) 0172- 2654489 (R) 0172- 2652992(CR) 0172- 2652866 (F)	
22	11	CRPF	West Bengal	Sh Nageshwar Rao,IPS, IGP	IG CRPF, Kolkata, West Bengal	033-23345229 (O) 033- 25734848 (R) 033- 23345844(CR)	
23	1	ITBP	Arunachal Pradesh	Sh Kripa Ram	DIG SHQ NE-I Khating Hill PO- Sinkview, Itanagar, Distt-Papumpure, Arunachal Pradesh	0360-2292369 (O) 0360- 2000461 (R ) 0360- 2292340(CR) 09436251198 (M)	
24	2	ITBP	Chandigarh	Sh R S Sharma, IPS	DIG SHQ (L&C) PO- Near Airport Behalana, Chandigarh (UT)	0172-2640620 (O) 0172- 2665772 (R) 0172- 2651065(CR) 09417004944 (M)	
25	3	ITBP	Himachal Pradesh	Sh Harbhajan Singh	DIG SHQrs, Himachal Dwar, PO- Tara Devi, Distt-Shimla (HP)	0177-2830601 (O) 0177- 2831010 (R) 0177- 2832886(CR)	
26	4	ITBP	Sikkim	Sh K S Bajwa,	DIG HQrs, North East- II, Gangtok, Below Metro Point, PO-Samdur Tadong Distt-Gangtok Sikkim.	03592-271211 (O) 03592- 271212 (R) 03592-271018 (CR) 09434042223 (M)	
27	5	ITBP	Uttaranchal	Sh Sanjay Singhal ,IPS	DIG SHQ, Garhwal, PO-Seemadwar, Indira Nagar, Dehradun(UKD)	0135-2767698 (O) 0135- 2760369 (R) 0135- 2760406(CR) 09411113973 (M)	
28	1	SSB	Bihar	Sh Daleep Tandan, IG	IG Ftr HQ, SSB, Patna, Bihar. Rukunpura House, Rukunpura, Bailey Road Patna- 800014	0612-2592744 (O) 0612- 2220220 (R) 0612-2590452 (CR) 0612-2590183 (F) 09431018705 (M) 09431820705 (M)	
29	2	SSB	Uttar Pradesh	Sh Satyavrat, IPS, IG	IG Ftr HQ SSB, Lucknow, Kendriya Bhawan 11th Floor Sector H Puraniya Crossing Aliganj Lucknow UP-226024	0522-2324510 (O) 0522- 2207333 (R) 0522- 2327240 (CR) 0522- 2324290 (F) 09415015925 (M)	<a href="mailto:igftrkw.ssb.@nic.in">igftrkw.ssb.@nic.in</a>