



# साहित्य

2<sup>nd</sup> Edition : April-June, 2015



## CWA

CRPF Family Welfare Association

इस अंक में विशेष  
कावा का 20वाँ  
स्थापना दिवस

सन्ध्या मिश्र  
Smt Sandhya Mishra



अध्यक्षा  
PRESIDENT

CRPF Family Welfare Association



## संदेश

यह अत्यन्त गर्व और हर्ष का विषय है कि केरिपुबल परिवार कल्याण संघ (कावा) ने अस्तित्व में आने के पश्चात 20 वर्ष की गौरवमयी यात्रा पूरी करने पर दिनांक 22/6/2015 को बडी धूमधाम एवं हर्षोल्लास के साथ अपना स्थापना दिवस मनाया है। हमने न केवल केरिपुबल के बच्चों को उनके उत्कृष्ट शैक्षणिक प्रदर्शन के लिए सम्मानित किया है, बल्कि कावा द्वारा सन् 1995 में इसकी स्थापना के पश्चात इसके द्वारा हासिल की गई प्रशंसनीय उपलब्धियों को दर्शाते हुए एक स्वनिर्मित वृत्तचित्र की प्रस्तुति भी की गई है।

वर्तमान में, कावा ने सेवानिवृत्त कार्मिकों, केरिपुबल के शहीदों के परिवार एवं बच्चों, केरिपुबल के अशक्त बच्चों/कार्मिकों और समाज के कमजोर वर्गों के लिए एक सुदृढ़ सहायता मंच प्रदान किया है। कावा के मिशन को सच्ची भावना से अमल में लाने के उद्देश्य से, डॉ. अंजली निर्मल अस्थाना की अध्यक्षता में एक शिकायत समिति का गठन किया है जो पीड़ित लोगों से सीधे सम्पर्क में रहकर उनकी शिकायतों के निवारण के लिए कार्य करती है। यह समिति परिवार के सदस्यों की शिकायतों को सीधे सुनती है और केरिपुबल के शिकायत प्रकोष्ठ को अग्रेषित करते हुए इसकी सूचना संबंधित शिकायतकर्ता को भेजती है। इसके अतिरिक्त कावा केरिपुबल कार्मिकों की उन नवयुवतियों को जो दसवीं और बारहवीं की शिक्षा के पश्चात अपनी शिक्षा को जारी नहीं रख पाती हैं, उन्हें विभिन्न क्षेत्रों जैसे गृह विज्ञान, नर्सिंग, कम्प्यूटर, हस्तशिल्प इत्यादि में व्यवसायिक प्रशिक्षण और कौशल प्रदान हेतु कावा व्यवसायिक प्रशिक्षण संस्थानों से मिलकर कार्य करने पर विचार कर रही है ताकि उनमें आत्मविश्वास की भावना उत्पन्न हो सके और वे आत्मनिर्भर बनकर गौरव एवं सम्मानपूर्वक अपना जीवनयापन कर सकें। तिमाही पत्रिका (अप्रैल-जून)-2015 के दौरान महिलाओं को वाहन चलाने का प्रशिक्षण देने और बच्चों के लिए ग्रीष्मकालीन कैम्प आयोजित करने हेतु प्रत्येक क्षेत्रीय कावा केन्द्र को रुपये 20,000/- का अनुदान प्रदान किया है। हमने वरिष्ठ नागरिक दिवस, विश्व पर्यावरण दिवस, विश्व स्वास्थ्य दिवस, अन्तर्राष्ट्रीय योग दिवस और कावा स्थापना दिवस भी मनाया है। हमने ना केवल राष्ट्रीय स्तर पर सामाजिक सेवाएं प्रदान करने के अपने संकल्प को पूरा किया है, बल्कि अन्तर्राष्ट्रीय सीमाओं को पार करके नेपाल में भी भूकम्प पीड़ितों को राहत सामग्री पहुंचाई है। प्रारंभ में दिल्ली में केन्द्रीयकृत रूप से कावा की स्थापना एक लघु संस्था के रूप में की गई थी, जो कि, हमारे परिवारों की आवश्यकताओं के कारण पिछले 20 वर्षों के दौरान यह संस्था पूरे देशभर में फैल गई है और बरगद के पेड़ के समान सबको आश्रय प्रदान कर रही है।

मुझे विश्वास है कि कावा इसके लक्ष्यों और उद्देश्यों एवं हमारे सपनों को साकार करने के लिए भविष्य में भी निरन्तर इसी जोश और उत्साह के साथ कार्य करती रहेगी। मैं कावा के सभी सदस्यों को अपनी शुभकामनाएं देती हूँ और कावा के उज्ज्वल भविष्य की कामना करती हूँ।

Sandhya Mishra

(संध्या मिश्र)

अध्यक्षा,

दिनांक 7 जुलाई, 2015

केरिपुबल परिवार कल्याण संघ (कावा)

सन्ध्या मिश्र  
Smt Sandhya Mishra



अध्यक्षा  
PRESIDENT

CRPF Family Welfare Association



## Message

It is a matter of great pride and jubilation that we celebrated 20 glorious years of existence of (CWA) on 22/06/2015 by organizing a grand event to mark this occasion. We not only honoured CRPF wards for their excellent academic performance but also presented a self made documentary depicting the wondrous achievements of 20 years of CWA ever since its inception in 1995.

Today CWA has emerged as a strong support forum for separated families, retired personnel, family and wards of CRPF martyrs, disabled ward / personnel of CRPF and marginalized sections of the society. In order to execute the mission of CWA in true letter and spirit, we have created a Grievance Committee under the chairmanship of Dr. Anjali Nirmal Asthana that remains in direct touch of aggrieved people for prompt redressal of their grievances. The committee directly listens to the grievances of the family members and forwards it to the CRPF grievances cell for immediate redressal with intimation to the complainant. Further CWA taking initiative to empower the young girl wards of CRPF who could not continue their education after 10<sup>th</sup> & 12<sup>th</sup> Std., by providing them vocational training and skills in various fields like Home Science, Nursing, Computers, handicrafts etc., CWA is considering for a tie up with vocational training institutes for imparting vocational skills in above mentioned fields to these girl child so that they become confident, self reliant, live their life with honour and dignity. During this quarter (April-June) we have provided Rs. 20,000/- to each of our Regional CWA Centres for imparting driving skills to ladies and organizing summer camp for children. We also celebrated Senior Citizens day, World Environment day, World Health day, International Yoga day and CWA raising day. We lay special emphasis for the welfare and well being of the handicapped, senior citizens and NOK of the martyrs. We have not confined our pledge of social service to our Nation rather we have crossed international boundaries and provided relief material to earthquake victims of Nepal. CWA was initially constituted centrally in Delhi as a sapling with the sole aim to generate a sense of accomplishment in the minds of CRPF ladies and develop managerial skills to them which has grown in the whole country during last 20 years owing to its requirement for covering our families as a Banyan tree.

I am confident that CWA shall continue to work with the same zeal and enthusiasm in rendering yeoman's service, for the accomplishment of its aims and objectives and for realization of our dream. I extend my best wishes to all the members and wish CWA a bright journey ahead.

*Sandhya Mishra*

**(Sandhya Mishra)**

President

CRPF Family Welfare Association

July 7, 2015



## Jammu & Kashmir Zone

### Group Centre-II, Ajmer



**Ensuring Health of future citizens: World Health Day**



**From being extrovert to introvert : Mahilas performing dance at CWA Raising Day ( left) and performing asanas during International Day of Yoga (Right)**





## Jammu & Kashmir Zone

### RTC Srinagar



**A riot of colours:** Mehandi competition (left) & Rangoli competition (Right)

### Group Center, Gurgaon / Group Centre, Greater Noida



Smt. Sandhya Mishra, President CWA inaugurating the e-toilet building at Senior Secondary Vidhalaya Bhondsi Gurgaon in a function. The e-toilets were constructed in collaboration with Honda Motors, whose Director Mr Boconori Mariamma is also seen (left) & World Environment Day at GC Greater Noida (right)

### Group Centre, Bantalab



Members of Regional CWA Bantalab, Jammu



## Central Zone

### Group Centre, Bhubaneshwar



**Joy all over :** CWA Raising Day was celebrated with gaiety in GC Bhubaneshwar. Cultural programme was also held

### Group Centre, Muzaffarpur



Senior Citizen Day



International Day of Yoga



International Family Day



World Health Day



## Central Zone

### Group Centre, Durgapur



GC Durgapur organized a number of programmes for creating awareness on Women's Health. While a Health Check Up camp for women was organized (left), a lecture on World Asthama Day (right) enlightened the womenfolk on the disease and its prevention



The Raising Day of CWA was celebrated with enthusiasm and fanfare



Judges take a look at the paintings by children

### Group Centre, Bilaspur



International Yoga Day





## Central Zone Group Centre, Rampur



*Driving Course*



*English Speaking Course for children*



*Self Defence Course*



*Yoga Classes*







## Central Zone Group Centre, Siliguri



*International Yoga Day*



*World Senior Citizen Day*



*World Senior Citizen Day*



*International Family Day*



*World Health Day*



*CWA Raising Day Celebration*



## Activities of Central CWA

### CWA Celebrates 20<sup>th</sup> Raising Day



*Smt Sandhya Mishra, President CWA is received by senior functionaries of CWA (left) and delivering her address (right)*



**A double decade journey:** *Smt Sandhya Mishra, President CWA and other members celebrate CWA Raising Day (left) & a view of the CWA members during Bada Khana (right)*



*CWA members pose with President CWA*



## Activities of Central CWA

### CWA Celebrates 20<sup>th</sup> Raising Day



**Expression of Joy:** Members and schoolchildren show off their skills during CWA Raising Day



**Honour for the talented:** Smt Sandhya Mishra, President CWA felicitating Ms Komalpreet Bhatia, D/o Rajnish Bhatia, topper in Commerce stream of Class XII (left) and Ms Vani Garg, D/o Dr. Rajesh Garg, CMO being felicitated for securing 95.4% in Class XII and topping the list of successful students in CRPF Public School, Dwarka (right)





## Activities of Central CWA



President CWA visited the Dett hospital of Northern Sector and met patients there (left) and also attended an Eye Check Up camp for the elderly



Senior Citizens' Day

### CRPF ward gets selected in the prestigious MIT, USA

Ayush, S/o Ex-HC/GD Manju Sharma of 88(M) Bn, achieved 10 CGPA in 10<sup>th</sup> Std. and scored 94.2% in 12<sup>th</sup> Std. (Science) who subsequently appeared in Massachusetts Institute of Technology (US) admission examination-2015 and was selected and placed amongst 3 toppers of our country.

The Institute (M.I.T.) has awarded him scholarship amounting to Rs. 1.6 Crores which is 80% of the amount of fees for a three years diploma in said Institute. Ayush will join the institute in the last week of August, 2015.

Though University of Columbia (U.S.) offered him 100% a scholarship, but he chose M.I.T. being the best Institute of Technology in the

world.

Ex-HC/GD Manju Sharma proceeded on V/R from 88 (M) Bn during November, 2014 and Mr. Rakesh Kumar, the father of the achiever, is serving in PWD, Kanpur.



## North Eastern Zone

### Group Centre, Guwahati



*Driving course for Mahilas*



*Rangoli competiton*

### Group Centre, Imphal



*International Yoga Day*

## करना ही पड़ेगा

मैथ में दिमाग को  
खटाना ही पड़ेगा  
केमिस्ट्री में लेबोरेट्री  
जाना ही पड़ेगा,  
हिन्दी में अक्षर  
पहचानना ही पड़ेगा  
कम्प्यूटर में कम्प्यूटर  
चलाना ही पड़ेगा।  
अंग्रेजी में शब्द का मतलब  
जानना ही पड़ेगा  
ड्राइंग में ड्राइंग तो  
बनाना ही पड़ेगा।  
स्कूल में छः-छः घण्टे  
बिताना ही पड़ेगा।  
न करो तो मार अब  
खाना ही पड़ेगा।  
ये सब हमें तो  
करना ही पड़ेगा।

**ईशा चौधरी, VIII-B**  
केन्द्रीय विद्यालय,  
गुप केन्द्र, दुर्गापुर



## North Eastern Zone Group Centre, Silchar



*International Health Day*



*International Yoga Day*



*A scene of the 'Fashion Show' organized at GC Silchar (left) & International Women's Health Day (right)*



*World Health Day*





## South Zone Group Centre, Hyderabad



*President CWA Visit Mont School,  
Hyderabad*



*Women's Day – Cultural Programme*



*President CWA Visit to Pottery at SS  
Headquarter, Hyderabad*



*Women's Day – Kabaddi Competition*



*Women's Day – Cultural Programme*



## South Zone

### Group Centre, Hyderabad



*Visit of President CWA to Montessori School*



*Women's Day – Painting Competition*

## HOPE

When solitary by the sea I sit,  
And barren thoughts enwrap my soul,  
When I decide I'll call it a quit,  
Hope strengthens me a whole.

Hope is my sweetest dream,  
The little bird which perches on my soul,  
It propels me to give it a try,  
And always keeps me on a roll.

Hope knows no boundaries,  
Hope does not cower  
Like a little bud in the meadows,  
It prospers after every shower.

But Hope is a queer thing,  
'Coz it is as strong as you are.  
So you can make it as strong as steel,  
Or as fragile as a flower.

So in my abyss of dismay,  
It was you, my hope that I clung to...  
And with each passing phase I know,  
I couldn't have done without YOU.



Priyanka Pathak  
D/o Dr O.P. Pathak,  
DIG (Medical), GC Bangalore



## South Zone Group Centre, Avadi



*The Summer was as hilarious for the children, as for their mothers. while the children attended summer camps, the ladies took lessons in driving*

## Group Centre, Nagpur



*Driving lessons for ladies in GC Nagpur*





## Activities of RAF

### 100 RAF



*International Family Day – 100 Mtr Running Competition for ladies*

### 107 RAF



*Music & Swimming classes for the children at 107 RAF*



## CWA lends helping hand to Nepal victims



CWA lent a helping hand to the earthquake victims of Nepal when it sent truckloads of relief material to them (above). The victims thronged to collect the material (below)

Important Days observed by CWA	Date
Cleanness Drive	15 August
Adult Literacy Day	08 September
Gandhi Jayanti	02 October
Children Sports and Fun Day	14 November
World Aids Day	01 December

### Gratitude.....

We express our sincere gratitude and thanks to Smt Mini Jha, former Vice President, CWA whose contribution and guidance towards various activities of CWA including publishing "CWA Magazine" have been of great value and significance. Wishing her all the very best.





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**SMT. ANITA KUMARI**



**SMT. KAMAL SANDHU**  
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## CREATIVE SUPPORT



**SMT. PRATIBHA SINGH**  
Honorary Secretary, CWA

Concept, Layout, Design & Editing : Tamal Sanyal  
Contact us: 011-24369514

You can also access the magazine on [crpf.nic.in/CWA\\_Magazine\\_Apr\\_June\\_15](http://crpf.nic.in/CWA_Magazine_Apr_June_15)  
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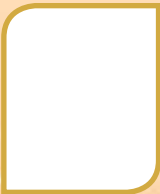
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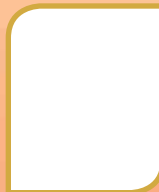


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