

Central Reserve Police Force
(Ministry of Home Affairs, Govt. of India)

New Delhi

Dated 7th April 2017

Press Note

CRPF family Welfare Association (CWA) observed "World Health Day-2017" on 07/04/17 from 0930 hrs to 1700 hrs, at Dett. Composite Hospital, CRPF, Northern Sector Staff Camp, New Delhi. The theme of this year's World Health Day was "Depression: let's talk".

Smt. Shalu Lakhtakia, President, CRPF Family Welfare Association the Chief Guest, shared her experiences and motivated people to keep themselves healthy and fit. Psychologist Dr. Priya Bir, Professor, Delhi University, delivered lecture on Depression and enlightened about symptoms and measures to deal with Depression. Dr. Naveen Ram Director (Medical) CRPF, also conveyed his thoughts and informed about harmfulness /effect of depression.

The health check up was organized for giving free health check up to CRPF personnel and their family members. During the health check up programme following tests i.e. Blood Sugar, BMI, B.P., Eye, ECG were carried out. Physicians, Cardiologists, Dentists and Gynaecologists were also present for general screening and assessments.

Smt M. Bhavani Devi, Smt Priti Anand, Treasurer, CWA, Smt Tanu, chairperson Cultural committee, Smt Vandana Agarwal, Smt. Rupinder Kaur, Hon'ry Secretary, CWA and other CWA members were also present on this occasion. CWA through the celebration of this function has tried to raise awareness about the depression and need to take care of people suffering from depression.

Sd/- 07/04/2017
PRO, CRPF Dte





