

FIT INDIA RUN

COBRA SCHOOL, BELGAUM TO GC CRPF, BENGALURU

Fit India Run is a nationwide movement to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. The concept is, 'You can run anywhere, anytime!'

To support and promote the Fit India Movement, CRPF is organising daily runs with effect from 1st September 2020. As part of the above programme, the CoBRA School of Jungle Warfare & Tactics, CRPF, Belgaum is organizing a unique Relay Marathon from Belgaum to Bengaluru covering a distance of more than 500 KMs. This four-day event was flagged off by Brigadier S K Lama (Retd), DIGP, Principal, CoBRA School at 0630 hours on 28 September 2020. The contingent will consist of 12 personnel including one officer, led by Shri Sandip Sharma, Second-In-Command. During this marathon two runners will run together at a time as a buddy pair covering approximately 24 KMs daily. On the fourth day (01 October 2020) this Team will participate in the Fit India Mega Run being organised by CRPF at Bengaluru. Along with the marathon Team, more than 100 personnel of CSJWT also ran along for 5 KMs to encourage the Marathoners.

The message of Fit India programme will be spread by involving local running groups of various cities and towns through which these marathon runners will pass by.



Officers of CoBRA School with the marathoneers



The flag-off