

SUB INSPECTOR PROMOTIONAL COURSE (SIPC)BLOCK TIME TABLE

SL NO	SUBJECT	DURATION
1	Duration of training (In campus Trg + jungle camp).	04 Weeks
2	Total Working days .(4X6)	24 Days
3	Total Working days in Campus Training	21 days
4	Total Working days in Jungle Camp Training	3 Days
5	Period per day for in Campus Training	10 Periods
6	Total Period for in Campus Trg. (21 X 10)	210 Day Periods
7	Total Extra Periods in night during in campus training	26 Periods
8	Total Training Period in Campus (Day + Night) + Jungle Camp}	236 Periods (210+26) + 03 Days Jungle Training

BLOCK SYLLABUS OF SUB INSPECTOR PROMOTIONAL COURSE (SIPC)				
Sl. No	Subject	Periods		
		Day	Night	Total
1)	Endurance			
a)	Physical Training (1 Period every day)	10	-	10
b)	Yoga, Stress Management & Meditation	3	-	3
c)	Route March (15 Kms with tactical considerations)	4	-	4
	Total	17	-	17
2)	Skills			
A)	Drill with and without Arms			
a)	Platoon Drill	2	-	2
b)	Sword Drill	4	-	4
	Total	6	-	6
B)	Progressive Weapons Training			
a)	9 mm Pistol	6	1	7
b)	AK-47/AKM Rifle	3	1	4
c)	36 HE Grenade	1	-	1
d)	51 mm MORTAR	4	1	5
	Total	14	3	17
C)	Special Weapons Training			
a)	AGS-30	4	1	5
b)	MMG	3	-	3
c)	CGRL	4	-	4
d)	X-95 Rifle	2		2
e)	UBGL	4	-	4
f)	MGL	2	-	2
g)	PAG	2		2
h)	MSL	2		2
	Total	23	1	24
D)	Special Equipment			
a)	Hand Held Thermal Imager	1	2	3
b)	NVD (Night vision Devices)	1	2	3
c)	Drone/UAV Handling	1	1	2
d)	Handling of tracker	1	-	1
	Total	2	4	6
E)	Firing			
a)	Accidental Firing/Negligent Discharge of Firearms. Precaution to be taken to avoid accidental firing. (Guidelines issued vide Circular Order 02/2018 and 01/2001 should be discussed)	2	-	2
b)	AK-47/AKM Rifle (Application of fire- Fire and Move, Fire under stress, Moving target & Night fire as per standing order-09/2011)	9	2	11
c)	9 mm pistol (Application of fire- Quick Reflex shooting, Snap shooting, Attack, Moving target & Night fire as per standing order-09/2011)	9	2	11
d)	5.56 MM INSAS LMG	2	-	2
	Total	22	4	26

F)	Operational			
a)	Field Craft & field engineering	6	2	8
b)	Battle Craft	4	-	4
c)	Counter Insurgency Operation	12	6	18
d)	Internal security problems	6	-	6
e)	Explosive & IEDs	5	-	5
f)	Tear Smoke & Riot Drill	1	-	1
g)	Sand Model briefing (TEWT)	8	1	9
h)	Map craft, Navigational Skill & GPS	10	5	15
i)	Room Building Intervention	3	-	3
	Total	55	14	69
03)	Knowledge			
a)	Search (search of place, person and vehicle)	2	-	2
b)	Intelligence and interrogation	4	-	4
c)	Law and allied subjects	18	-	18
d)	Communication	2	-	2
e)	Administration & Man Management	11	-	11
	Total	37	-	37
04)	Behavioural Orientation			
a)	Manners and Etiquettes	2	-	2
b)	Psychological Wellbeing	2	-	2
c)	Human Rights	2	-	2
	Total	6		6
05)	Miscellaneous			
a)	Opening & Closing	2	-	2
b)	First Aid and casualty evacuation	2	-	2
c)	Mission Karmayogi	1	-	1
d)	Introduction of Sambhav App.	1	-	1
e)	Prevention of Sexual harassment (POSH Act-2013) and Gender Sensitization	1	-	1
	Total	7	-	7
06)	Jungle Camp	Survival Camp (03 days)		
07)	Test and Exam	18	-	18
	Grand Total	210	26	236

Course to be completed in iGOT
(Any 20 Courses in own time)

SL No.	Course Name
1.	Developing Effective Soft Skills
2.	General Financial Rule 2017 : Knowledge and Various Provisions
3.	History of Map and its outer information
4.	How to auction store to MSTC
5.	Introduction of E-Lekha and Budgeting
6.	Chunaav Duty
7.	Women Self Defense Techniques
8.	Knowledge of GST for CAPF
9.	knowledge of New Budget Head
10.	Introduction of Public Financial Management System
11.	Introduction of DFPR for CAPF personnel
12.	Cloud Computing
13.	Cyber Fraud
14.	Internet of things
15.	Machine Learning
16.	K9 Dog Maintenance
17.	आकाशीय गर्जना एवं बिजली गिरने पर की जाने वाली कार्यवाही
18.	Blockchain-History, Its working and types and challenge
19.	Common lifestyle issues
20.	Nutrition Myths and Facts
21.	Impact of sugar.
22.	तनाव मुक्त होने की प्रभावी तकनीकें
23.	Do and Don't for Govt. employee
24.	भारतीय नागरिक सुरक्षा संहिता, 2023
25.	कोमल अंगों में आने वाली चोटें
26.	सूचना का अधिकार अधिनियम, 2005 – भाग 1
27.	कार्यस्थल पर महिलाओं के यौन उत्पीड़न की रोकथाम
28.	बुनियादी जीवन रक्षा
29.	खोजबीन और बचाव की बुनियादी प्रक्रिया
30.	मरीजों को उठाना और ले जाना

DETAILED SYLLABUS OF SUB INSPECTOR PROMOTIONAL COURSE (SIPC)							
Sl No.	Subject	PERIOD					
		Code	L	D	P	N	Total
1-	Endurance:- (17 Periods)						
(A)	Physical Training : Code – PT						
i)	P.T. (warming up exercise, 1.2 Kms running and strengthening exercises)	PT 1-2	-	-	2	-	2
ii)	P.T. (warming up exercise, 1.4 Kms running and strengthening exercises)	PT 3-4	-	-	2	-	2
iii)	P.T. (warming up exercise, 1.6 Kms running and strengthening exercises)	PT 5-6	-	-	2	-	2
iv)	P.T. (warming up exercise, 1.8 Kms running and strengthening exercises)	PT 7-8	-	-	2	-	2
v)	PT TEST	PT 9-10	-	-	2	-	2
	Total	-	-	-	10	-	10
(B)	Yoga, Stress Management & Meditation : Code - YG						
(i)	Yoga	YG-1	-	-	1	-	1
(ii)	Stress Management	YG 2	-	-	1	-	1
(iii)	Mindfulness	YG 3	-	-	1	-	1
	Total	-	-	-	3	-	3
(C)	Route March : Code – RM (Test)						
i)	Route march 15 KM in battle dress with 15 KG weight	RM 1-4	-	-	4	-	4
	Total	-	-	-	4	-	4
2-	Skills (134 Periods)						
(A)	Drill with and without Arms : Code – SD						
a)	Platoon Drill						
i)	Platoon drill se parichaya aur platoon ko drill ke liye tayar karna	SD 1	-	-	1	-	1
ii)	Guard Mounting	SD 2	-	-	1	-	1
	Total	-	-	-	2	-	2
b)	Sword Drill						
i)	Krich ka aam bayan, Krich ka pahanana, Sabdhan, Vishram aur Aram Se	SD 3-4	-	1	1	-	2
ii)	Nikal Krich, Kandhe Krich, Sabdhan, Vishram aur Aram Se, Krich ke sath Samne ka Salute, Wapas Krich	SD 5	-	-	1	-	1
iii)	Dheere chal aur Tej Chal Se dahine aur bayein ka salute	SD-6	-	-	1	-	1
	Total	-	-	1	3	-	4
(B)	Progressive Weapons Training (Extra practice in OTW) : Code - SW						
a)	9 mm Pistol						
i)	9 mm pistol ke bare mein aam jankari tatha suraksha, kholna, safai karna aur jodna	WT 1-2	-	1	1	-	2
ii)	9 mm pistol ka bharna, fire karna aur khali karna	WT -3	-	½	½	-	1

iii)	9 mm pistol ki firing position	WT -4	-	-	1		1
iv)	9 mm pistol me padne wale roken aur faur ilaz tatha CQB mein Pistol ka Mahataav	WT-5-7	-	½	1½	1	3
	Total	-	-	2	4	1	7
b)	AK-47/AKM Rifle						
i)	AK-47/AKM assault rifle ke bare mein aam jankari tatha kholna aur jodna	WT-8-9	-	-	1	1	2
ii)	AK-47/AKM assault rifle ki chal aur padne wali roken	WT-10-11	-	1	1	-	2
	Total	-		1	2	1	4
c)	No 36 HE Grenade						
i)	No 36 HE Grenade ki Chal	WT-12		½	½	-	1
	Total			½	½	-	1
d)	51 mm Mortar						
i)	51 MM Mortar se fire karne ki jagah ka chunav karna, Bambon ki pahachan, Bambon ko taiyar karna, bharna, lay, angle hasil karna, direct wa indirect fire karna aur khali karna	WT 13-17	1	1	2	1	5
	Total		1	1	2	1	5
(C)	Special Weapons (Handling) : Code- SW						
a)	AGS-30						
i)	30 MM AGS ki visheshtayein, tatha iske Amn. Ki jankari	SW 1	½	½	-	-	1
ii)	30 mm AGS Mount, dismount, lay karna aur fire karna.	SW 2-4	-	1	1	1	3
iii)	AGS pit ke bare main jankari	SW 5	-	½	½	-	1
	Total	-	½	2	1½	1	5
b)	MMG						
i)	MMG aur tripod ka aam bayan, kholna, jorna, safai, parichay, saman lagana, sthan lena, nirikshan, report aivam mount gun.	SW 6-7	-	1	1	-	2
ii)	Bharna,shist lena, action aur fire, khali karna tatha clear gun	SW 8	-	1	-	--	1
	Total	-	-	2	1		3
c)	CGRL						
i)	CGRL se parichay, Amn se waqfiyat, kholna, safai aur jorna	SW 09-10	-	1	1		2
ii)	Firing position, bharna, fire karna aur khali karna.	SW 11-12	-	1	1		2
	Total	-	-	2	2		4
d)	X-95 Assault Rifle						
i)	X-95 rifle ki Aam jankari, kholna/ Jodna aur safai karna, X-95 rifle se din aur raat main fire karne ke tarike	SW 13		½	½		1
ii)	X-95 rifle ke vibhin siteon ke bare me jankari, X-95 rifle ke rok ke bare me jankari	SW 14		½	½		1
	Total			1	1		2
e)	UBGL						
i)	UBGL se parichay, Amn se waqfiyat,kholna, safai aur jorna,	SW 15-16	-	½	1½		2
ii)	Firing position, bharna, fire karna aur khali karna.	SW 17-18	-	½	1½		2
	Total			1	3		4

f)	MGL						
i)	MGL se parichay, Amn se waqfiyat,kholna, safai aur jorna,	SW 19	-	½	½		1
ii)	Firing position, bharna, fire karna aur khali karna.	SW 20	-	½	½		1
	Total			1	1		2
g)	PAG						
i)	PAG se parichay, Amn se waqfiyat,kholna, safai aur jorna,	SW 21	-	½	½		1
ii)	Firing position, bharna, fire karna aur khali karna.	SW 22	-	½	½		1
	Total		-	1	1		2
f)	MSL						
i)	MSL se parichay, Amn se waqfiyat,kholna, safai aur jorna,	SW 23	-	½	½	-	1
ii)	Firing position, bharna, fire karna aur khali karna.	SW 24	-	½	½	-	1
	Total			1	1		2
(D)	Special Equipments : Code- SEQ						
i)	HHTI ki aam jankari wa upyog main lane ka tarika tatha HHTI mein Do & Don't	SEQ 1-3	-	½	½	2	3
ii)	NVD/Monocular ki aam jankari wa upyog main lane ka tarika.	SEQ 4-6	½	½		2	3
iii)	Drone/UAV Handling	SEQ 5-6	½	½	1	-	2
iv)	Handling of tracker	SEQ 7	½	½	-	-	1
	Total	-	1½	2	1½	4	9
E)	Firing practice : Code- SF						
i)	Accidental Firing/Negligent Discharge of Firearms. Precaution to be taken to avoid accidental firing. (Guidelines issued vide Circular Order 02/2018 and 01/2001 should be discussed	SF 1-2	2	-	-	-	2
ii)	AK-47/AKM Rifle (Application of fire- Fire and Move, Fire under stress, Moving target & Night fire as per standing order 09/2011)	SF 3-13	-	-	9	2	11
iii)	9 mm pistol (Application of fire- Quick Reflex shooting, Snap shooting, Attack, Moving target & Night fire as per standing order-09/2011)	SF 14-24		-	9	2	11
iv)	5.56 MM INSAS LMG	SF 25-26	-	-	2	-	2
	Total		2	-	20	4	26
(F)	Operational						
a)	Field Craft & Field Engineering : Code- SFC						
i)	Jamin Ko samajhna aivam uska tactical importance	SFC 1-2	½	-	½	1	2
ii)	Kudrati aur banawati rokon ko tactically din aur raat mein paar karne ka tarika	SFC 3-4	½	-	½	1	2
iii)	ORF, FCO aur fire discipline	SFC 5	½	-	½	-	1
iv)	Field engineering ki bare mein jankari aur morcha ki kism avam paribhashayen aur taro ki rukawato ki aam jankari tatha unhye lagane ka tarika	SFC 6-7	1	1	-	-	2

v)	Morche/ bunkers, machan, fire trench , communication trench aur weapon pit banane ki jankari aur abhyas	SFC 8	-	½	½	-	1
Total		-	2½	1½	2	2	8
b)	Battle Craft : Code- SBC						
i)	Vibhinna operational ilake (J&K, N.E & Naxal) ke anusar section aur platoon formation akhtiyar karna	SBC 1-2	1	-	1	-	2
ii)	Operational ilake main istmal kiye jane wale prachalit aivam improvised field signals ka prayog	SBC-3	½	-	½	-	1
iii)	Section and Platoon Battle Drills ke bare me aam jankari	SBC-4	½	-	½	-	1
Total		-	2	-	2	-	4
c)	Counter Insurgency Operation.: Code- SCI						
i)	Gorilla war padhatti ki jankari aivam iska parichalnik mahatva (Shivaji aivam anya mahan youdhaon ka udaharan dete hue)	SCI-1	1	-	-	-	1
ii)	Small team concept ka parichalnik mahatva	SCI 2	1	-	-	-	1
iii)	Immediate action drill ka mahatva aur karwahi	SCI 3	1	-	-	-	1
iv)	Vibhinna prakar ke Ambush tatha counter Ambush	SCI 4	1	-	-	-	1
v)	Camp attack aur bachao	SCI 5	1	-	-	-	1
vi)	CASO ka tarika	SCI 6-8	1	-	-	2	3
vii)	Tactical movement in jungle/ insurgent area	SCI 9-11	1	-	-	2	3
viii)	RAID ka tarika	SCI 12-14	1	-	-	2	3
ix)	How to conduct SADO (Search and Destroy operation)	SCI 15	1	-	-	-	1
x)	Laying ROP in Naxal, North East and J&K	SCI 16	1	-	-	-	1
xi)	Laying of MCP and advance frisking method	SCI 17	1	-	-	-	1
xii)	Establishment of Outpost and camp security (DAMSODACCKD)	SCI 18	1	-	-	-	1
Total		-	12	-	-	6	18
d)	Internal Security Problems : Code- ISP						
i)	LWE ki karya pranali ke bare main udharan sahit jankari (Mao Tsu Ki Gorilla ranniti ki sankchhipt jankari ke sath)	ISP 1	1	-	-	-	1
ii)	LWE ke latest literatures/précis se class ko awgat karana tatha Naxal kshetra main tainati ke samay dhyan main rakhne wali baten	ISP 2	1	-	-	-	1
iii)	Jungle survival tips	ISP 3	1	-	-	-	1
iv)	Do's and Don'ts in jungle and jungle operation	ISP 4	1	-	-	-	1
v)	Vibhinna prakar ke civil unrest ke bare main jankari avam police force ki bhumika (Student, agrarian, laborer, inter-state boundary dispute aur samajik/Dharmik sangthano dwara sanchalit andolan	ISP 5	1	-	-	-	1
vi)	Operational DO's and DON'ts for police force and police public relation	ISP 6	1	-	-	-	1
Total		-	6	-	-	-	6
e)	Explosives & IED's : Code- ISP						
i)	Explosive (Barud)- se Parichaya Paribhasha Va Prakar	SFE 1	½	½	-	-	1

ii)	Demolition charges, improvised charges aur demolition set tayar karna.	SFE 2	½	½	-	-	1
iii)	IEDs, handling, detection, Do's and Don'ts tatha suraksha	SFE 3	½	-	½	-	1
iv)	Naxal ilake main lagaye jane wale vibhinna prakar ke IEDs, lagane ka tarika tatha uske mechanism ke bare main jankari (Classes to be taken in the IED lane)	SFE 4	-	-	1	-	1
v)	Booby traps ke bare me jankari	SFE-5	½	½	-	-	1
Total		-	2	1½	1½	-	5
f)	Tear Smoke & Riot Drill : Code- SRD						
i)	Riot drill main istemal kieya jane wale bhibhinna munitions tatha equipment ki jankari	SRD 1	½	½	-	-	1
Total		-	½	½	-	-	1
g)	Sand Model Briefing/TEWT : Code- SSM						
i)	Sand model/ Survey of India map- general and operational briefing	SSM 1-2	-	1	1	-	2
ii)	Eye sketch banana aur uske dwara cloth model briefing karna	SSM 3-4	½	½	1	-	2
iii)	TEWT exercise based on given narrations	SSM 5-6	-	-	1	1	2
iv)	Google map ke bare me jankari aur uski madad se briefing karna	SSM 7	-	½	½	-	1
v)	Google map par plotting karna	SSM 8-9	½	½	1	-	2
Total		-	1	2½	4½	1	9
h)	Map craft & Navigational Skill : Code- SEQ						
i)	Map, Conventional sign, Topographical feature ki general information	SEQ 1	½	½	-	-	1
ii)	GPS ki sanshipt jankari, finding latitude and longitude from MAP	SEQ 2	½	-	½	-	1
iii)	Use of Smartphone based Application (Orux, Maveric Disha etc.)	SEQ 3-6	½	½	1	2	4
iv)	Editing the entry in Navigational App/GPS ,Data edit/delete, latitude & longitude prapt karne ka tarika,	SEQ 7-8	-	1	1	-	2
v)	Navigational APP/GPS ki madad se Navigation karna	SEQ 9-13	1	½	½	3	5
vi)	Google Map, Terra ke bare me jankari aur KML file banana	SEQ 14-15	1	½	½	-	2
Total		-	3½	3	3½	5	15
I)	Room and Building intervention : Code- RBI						
i)	Combat L principle and Buddy in combat (Contact cover Drill)	RBI 1	½	½	-	-	1
ii)	Stacking and catapiller formation and Formations of ERT/HIT	RBI 2	½	½	-	-	1
iv)	Tactical Appreciation of Building, Route In, Route Out and Evacuation Corridor	RBI 3	½	½	-	-	1
Total		-	1½	1½	-	-	3
3	Knowledge (41 Periods)						
(A)	Search/ person/vehicle : Code- KS						
i)	Building/ House search karne ka tarika	KS 1	½	½	-	-	1
ii)	Naka lagana, search of vehicle and person	KS 2	½	½	-	-	1

	Total	-	1	1	-	-	2
(B)	Intelligence and Interrogation : Code- KINT						
i)	CRPF ke intelligence cell ki banawat aur Bharat ke anya intelligence vibhago ki jankari	KINT 1	1	-	-	-	1
ii)	Aasuchana ka collection, interpretation tatha dissemination aivam intelligence cycle	KINT 2	1	-	-	-	1
iii)	Insurgent/ terrorist ilake main aasuchana prapt karne ka tarika	KINT 3	1	-	-	-	1
iv)	Spot interrogation tatha interrogation ke prakar aur Legal aspects of interrogation	KINT 4	1	-	-	-	1
	Total	-	4	-	-	-	4
(C)	LAW and Allied Subject : Code- KL						
i)	CRPF act 1949	KL 1-2	2	-	-	-	2
ii)	CRPF Rule 1955 (Important Section)	KL 3-5	3	-	-	-	3
iii)	General exception and protection available to the member of force in IPC, CrPC, constitution of India and CRPF Act	KL 6	1	-	-	-	1
iv)	Important section of BNS	KL 7-8	2	-	-	-	2
v)	Armed force Special power acts	KL 9	1	-	-	-	1
vi)	Ops Handbook Chapter -2,3 aor 4	KL 10	1	-	-	-	1
vii)	P.E	KL 11	1	-	-	-	1
viii)	C.O.I.	KL12	1	-	-	-	1
ix)	Basics of DE	KL 13	1	-	-	-	1
x)	RTI	KL 14	1	-	-	-	1
xi)	Seizure memo tayar karna aivam FIR lodge karna	KL 15	1	-	-	-	1
xii)	Ceremony Handbook	KL 18	1	-	-	-	1
xiii)	important chapter of manuals	KL 19	1	-	-	-	1
xiv)	standing order and circular order	KL 20	1	-	-	-	1
	Total	-	18	-	-	-	18
(D)	Communication : Code- KCM						
i)	Basic knowledge of RT procedure and method of using DMR sets	KCM 1-2	2	-	-	-	2
	Total	-	2	-	0	-	2
(E)	Administration & Man Management : Code- KA						
i)	Procedure of opening and closing of Kote documentation of kote record, duties of kote SO.	KA-1	1	-	-	-	1
ii)	Documentation of mess records of ORs nd SOs mess and duties of mess SO	KA-2	1	-	-	-	1
iii)	Adm and Operational duties of Section commander	KA-3	1	-	-	-	1
iv)	Duties of SI(Adj) and maintenance of all records	KA-4	1	-	-	-	1
v)	Procedure of conducting STB, Audit and line committee	KA 5-6	1	-	1	-	2
vi)	Organizing and Conducting various regimental functions	KA-7	1	-	-	-	1
vii)	Maintenance of briefing and de-briefing register	KA-8	1	-	-	-	1
viii)	Regimental duties ke barein mein jankari	KA-9	1	-	-	-	1

ix)	Duties of day SO	KA 10	1	-	-	-	1
x)	KPKB & Accounts ke bare me jankari	KA 11	1	-	-	-	1
Total			10	-	1	-	11
4	Behavioral Orientation (04 Periods)						
(A)	Manner and Etiquette : Code- BM						
i)	Mess etiquette and table manners	BM 1	1	-	-	-	1
ii)	Qualities of good manners person	BM 2	1	-	-	-	1
Total			2	-	-	-	2
(B)	Psychological Well Being : Code- BP						
i)	Understanding human psychology- normal behaviour and abnormal behaviour difference. Appreciating Personality differences.	BP 1	1	-	-	-	1
ii)	Understanding stress and Combat stress behaviours/ non combat stress behaviour, positive and negative	BP 2	1	-	-	-	1
Total			2	-	-	-	2
(C)	Human Rights : Code- BH						
i)	Human right ki paribhasha, sankshipt itihash, DO's & Don'ts for law enforcement agencies.	BH 1	1	-	-	-	1
ii)	Constitution ke bare me aam jankari, prastawana aur Fundamentals rights and duties	BH 2	1	-	-	-	1
Total		-	2	-	-	-	2
5-	Miscellaneous (07 Periods) : Code - M						
i)	Opening and closing	M 1-2	2	-	-	-	2
ii)	First aid and casualty evacuation	M 3-4	2	-	-	-	2
iii)	Mission Karmyogi	M 5	1	-	-	-	1
iv)	Introduction of Sambhav App.	M 6	1	-	-	-	1
v)	Prevention of Sexual harassment (POSH Act-2013) and Gender Sensitization	M 7	1	-	-	-	1
Total		-	7	-	-	-	7
6	Jungle survival : Code- JS		3 Days				

JUNGLE SURVIVAL (03 DAYS)

- Exercises for the first 03 days of Jungle survival (living in Bivouac, self- contained, cooking permitted in buddies).
- Narrations issued should be in form of a story and linked with previous exercises.
- Every day, one hour freezing exercise will be done (in this exercise trainees will be asked to lie down and remain static without making any movement/ noise. This will be strictly done under supervision of DS. Who-so-ever breaks the above rule will be immediately taken out/ excluded from the group.

DAY	SUBJECT/EXERCISE
D minus 1	<ul style="list-style-type: none"> • Issue of narration for Jungle survival exercise • Distribution of tasks by DS • Preparation of briefing by trainees as OTW
D 1	<ul style="list-style-type: none"> • Preparation of move-order with details of weapons • Briefing by Commanders under supervision of DS • Final inspection of troops by commanders (specially checking of signal equipment's and arms/ammunitions) • Move out of training centre for Ops Padaav (Estb of COMPANY OPERATING BASE/COB) keeping security precautions:-
	<ul style="list-style-type: none"> i) Foot mobile movement by patrolling/ROP method or ii) Move by vehicles clandestinely up to a safe point followed by foot mobile movement in the form of patrolling/ ROP wherever applicable. • Taking LUP and Initial recce by 'O'- group, sanitization of the area , all round defence of LUP/COB area • Establishing observations and listening posts and camp drills • Making eye- sketch of area of operation <p><u>Note:-</u></p> <ol style="list-style-type: none"> 1) During above exercises, enemy will lay ambush enroute, fire on camp during establishment of LUP/COB. Counting drill be followed during patrolling 2) IED be placed at water point and under trees or at probable places where troops are supposed to go. 3) QAT to react promptly to counter the threat once LUP is fired upon. 4) All activities are to be as discreet as possible
D 2	<ul style="list-style-type: none"> • Practicing bowel control (time for nature's call be changed everyday) and ablution drills • water discipline • De- briefing of Ops Padaav under supervision of DS • Issuing narration for patrolling (Ops Parikrama) to dominate the area and gather intelligence. • Briefing under supervision of DS. • IAD drills of all the situations (Ops Hunkaar) during patrolling. • De-briefing of Ops Parikarma and Hunkaar under supervision of DS. • Exercise of camouflage and concealment (day time). • Issue of narration for next day early hour ambush (Ops Ghaat) and briefing under supervision of DS. • Observation and listening drill, filling in observation log book (training staff will make movements and other activities in front of trainees during observation and listening drill to assess the level of alertness of the trainees)

D 3	<ul style="list-style-type: none"> • Early hour ambush and counter ambush (Ops Ghaat) • Exercise on crossing water bodies if possible enroute • De- briefing of Ops Ghaat • Freezing exercise (one hour continuously): trainees will be asked to lie down and remain still without making any movement/ noise. This will be strictly done under supervision of DS. Whoso-ever breaks the above rule will be immediately taken out/ excluded from the group to highlight its importance). • Exercise of making hides (hides should be made in such a way that at least two- three persons can be accommodated and such hides should be as such that no one can locate it.) • Observation and listening drills, filling in observation log book • Issue of narration for CASO (Ops Gherao) the next day and briefing under supervision of DS. • Exercise on sudden close- contact during night. • Exercise on causality evacuation • Exercise on crossing water bodies if possible • Returning to trg. Camp 				
8	Test & Exam :- (18 Periods)	Code	Day	Night	Total
	Test and Examinations	TE 1-18	18	-	18
	Total	-	18	-	18
	Grand Total		210	26	236 + 03 Day Jungle survival

TEST POLICY OF SUB- INSPECTOR/GD PROMOTIONAL COURSE (SIPC)

SL. NO.	SUBJECT		MARKS	
WRITTEN				
1.	Weapons/ Special Weapons/ Equipments / FC/BC/ CI (OPS) / Explosives /MR/INT/ IS Problems		100 Marks	
2.	Law, Behavioral Orientation, Administration and Misc. subjects		80 Marks	
3.	Out of 20 iGOT Courses – 1 Marks for each course (On producing of passing certificate of each course)		20 Marks	
TOTAL			200 Marks	
PRACTICAL				
1.	Weapons/special weapons, Eqpts Handling & weapons Fault finding		100 Marks	
	a)	AK-47		20 Mks
	b)	Pistol		20 Mks
	c)	51 mm Mortar		20 Mks
	d)	CGRL		20 Mks
e)	UBGL	20 Mks		
2	Drill		20 Marks	
	i)	Platoon Drill		10 Mks
	ii)	Sword		10 Mks
3	Sand Model briefing/TEWT		30 Marks	
TOTAL			150 Marks	
Assessed by Internal BOO				
4	Endurance Test –		50 Marks	
	a)	PT – 30 Mks (Assessed by Internal B.O.O.)		
	b)	Route March – 20 Mks		
TOTAL			50 Marks	
GRAND TOTAL			400 Marks	

Note :-

- 1 Written test is of objective type, There will be 2 papers, Each Paper will be 100 Marks for Written Test.
2. Evaluation of the papers would be carried out by the board of Officers detailed for conducting final test.
3. * Firing will be assessed by the internal board and pattern of giving points will be as per firing practice done during the course of trg and test will be conducted on the day of firing practice itself.
4. Final test will be conducted within the course duration.
5. Any trainee failing in one or more subjects of one group (written / practical) have to appear in re-test of failed subjects of that group only with the next course. However, failures in subjects in more than one group i.e. written and practical have to re-appear in course afresh subject to availability of chance. Trainees who failed in aggregate have also to re-appear in course afresh subject to availability of chance.
6. During Firing practices, firing will be conducted with personnel weapons (as applicable) as per ARCF practices and it will be counted as ARCF for that particular year.

GRADING PATTERN

Grading of Candidates passing the promotional courses will be done as under:-

Written Test		Ground Test	
Overall Percentage	Grading	Overall Percentage	Grading
70% & Above	'A'	70% & Above	'X'
60 % & Above but below 70%	'B'	60 % & Above but below 70%	'Y'
45 % & Above but below 60%	'C'	50 % & Above but below 60%	'Z'
For Unreserved Category (Genl/OBC) 40% & Above but below 45% For Reserved Category (SC/ST) 35% & Above but below 45%	Pass	1. In ground test there is no relaxation i.e. 50% and above is essential to pass. 2. If a candidate secures any of the grading in ground test but he secures only pass grading in written test, then he will be declared "PASS" only	

COMPOSITION OF BOARD FOR FINAL TEST:-

The BOO may be detailed by Training Directorate as per following composition.

P.O	DIGP
Member-I	Commandant
Member-II	Dy Commandant
Member-III	Asstt. Commandant

Endurance Test (SIPC)

i) Physical Training Test for SIPC (30 Marks)

Marks		Excellent (10 Mks each)			Good (8 Mks each)			Satisfactory (5 Mks each)		
Age		18 to 34 yrs.	35 to 44 yrs.	Above 45 yrs.	18 to 34 yrs.	35 to 44 yrs.	Above 45 yrs.	18 to 34 yrs.	35 to 44 yrs.	Above 45 yrs.
1	1.6 KM. Running	5.40 Min.	6.30 Min	7.00 Min	6.30 Min	7.00 Min	7.30 Min	7.40 Min	8.30 Min	9.00 Min
2	Push Up	15	12	10	12	10	08	10	08	05
3	Sit Up	30	20	10	25	18	08	20	15	05

Benchmark For Route March :-

Sl No	DISTANCE (WITH SCALE)	18 to 34 Years			35 to 44 Years			Above 45 Years		
		Excellent (20 Marks)	Good (15 Marks)	Satisfactory (10 Marks)	Excellent (20 Marks)	Good (15 Marks)	Satisfactory (10 Marks)	Excellent (20 Marks)	Good (15 Marks)	Satisfactory (10 Marks)
01	15 KM SPEEDMARCH ("A" SCALE)	Below 135.00 Min	135.01 To 150.00 Min	150.01 To 165.00 Min	Below 150.00 Min	150.01 To 165.00 Min	165.01 To 180.00 Min	Below 165.00 Min	165.01 To 180.00 Min	180.01 To 195.00 Min

Endurance Test (SIPC) Female

ii) Physical Training Test for SIPC (30 Marks)

Marks		Excellent (10 Mks each)			Good (8 Mks each)			Satisfactory (5 Mks each)		
Age		18 to 34 yrs.	35 to 44 yrs.	Above 45 yrs.	18 to 34 yrs.	35 to 44 yrs.	Above 45 yrs.	18 to 34 yrs.	35 to 44 yrs.	Above 45 yrs.
1	1.6 KM. Running	6.40 Min.	7.30 Min	9.00 Min	7.30 Min	8.00 Min	9.30 Min	8.40 Min	9.30 Min	12.00 Min
2	Push Up	15	12	10	12	10	08	10	08	05
3	Sit Up	25	15	10	20	12	08	15	10	05

Benchmark For Route March (Female):-

Sl No	DISTANCE (WITH SCALE)	18 to 34 Years			35 to 44 Years			Above 45 Years		
		Excellent (20 Marks)	Good (15 Marks)	Satisfactory (10 Marks)	Excellent (20 Marks)	Good (15 Marks)	Satisfactory (10 Marks)	Excellent (20 Marks)	Good (15 Marks)	Satisfactory (10 Marks)
01	15 KM SPEEDMARCH ("A" SCALE)	Below 145.00 Min	145.01 To 160.00 Min	160.01 To 175.00 Min	Below 160.00 Min	160.01 To 175.00 Min	175.01 To 190.00 Min	Below 175.00 Min	175.01 To 190.00 Min	190.01 To 210.00 Min