# SYLLABUS OF PROMOTIONAL COURSE FOR INSP (M) TO AC (M) BLOCK TIME TABLE

01.	Duration of training	02 weeks
02	Working days in a week	06 days
03.	Working periods per day	09 Periods
04.	Working periods per week	54 Periods
05.	Total working periods (2x6x9)	108 Periods

#### **BLOCK SYLLABUS**

S/NO	SUBJECT	PERIODS	PERCENTAGE				
01.	PHYSICAL TRAINING /FITNESS EXERCISE						
	a) Fitness Exercise	9					
	b) Yoga/Meditation and Stress	9					
	Management		16.66				
	Total	18					
02.	ACCOUNTS & BUDGETTING	10	9.25				
03.	OFFICE PROCEDURE	14	12.96				
	RULES, REGULATIONS & MANUALS						
04.	a) Rules & Regulations	10	25.92				
05.	b) CRPF Manuals	10					
06.	c) CRPF ACT & RULES	08					
	Total	28					
	COMPUTER TRAINING	10	9.25				
07.	WORK ASSIGNMENT	13	12.03				
08.	ALLIED	15	13.88				
	Total	108	100				

## **Subject - FITNESS EXERCISE**

Code – FE. Periods allotted – 9

SL	CODE	DETAILS	PERIODS
NO			
	FE-1-2	Team Games(Icebreaking Session)	2
01			
02	FE-3-4	Strengthening and Stamina building (Jogging/Brisk walking	2
		and light exercises)	
03	FE-5-6	TSTC	2
04	FE-7-8	Circuit PT(Maintain Fitness at limited Space)	2
05	FE-9	Weapon handling (Small arms)	1
		Total	9

## SUBJECT – YOGA

Code – YG, Periods allotted – 9

SL NO	CODE	DETAILS	PERIODS
01	YG-1-4	Yoga asana , Pranayam	4
02	YG-5-7	Meditation /stress management	3
03	YG-8	Correct position of seating	1
04	YG-9	Life style disease	1
		Total	9

# **Subject - ACCOUNTS & BUDGETING**

Code – AC, Periods allotted – 10

SL NO	CODE	DETAILS	PERIODS
01	AC-1	Various heads and sub-heads of account, Head of office and his responsibility/responsibilities of Accounts Officer	1
02	AC-2	Treasury rules, Maintenance of Cash book, Various regimental funds and maintenance of its accounts	1
03	AC-3	Personal claim and bill being a self DDO	1
04	AC-4	Sanction and proper utilization of Budget	1
05	AC-5	Payment of dues to ex-personnel and NOK of deceased personnel	1
06	AC-6	Credit orders, advice slips, try. Challans, Advances PA (G) & PA (Pol) A and Various type of advance and conditions attached to it	1
07	AC-7	Expenditure register, book adjustment and budget grant-in-aid, compilation of account and reconciliation of accounts in PAO	1
08	AC-8	Tour & detachment TA/DA for NGO/ GO's	1
09	AC-9	Delegation of financial powers, Preparation of Budget estimate/control of expenditure, Expenditure register, book debit/adjustment	1
10	AC-10	Audit report and pending para disposal	1
		Total	10

## **Subject - OFFICE PROCEDURE**

Code – OP, Periods allotted - 14

		Total	14
14	OP-14	APAR	1
13	OP-13	Motivation, Time Management and Conflict Management	1
12	OP-12	Team building and leadership, Getting along with Boss	1
11	OP-11	Management and supervision skill of staff	1
10	OP-10	Functioning of DPC/selection board for appointment	1
09	OP-9	Grant of financial up gradation under MACP	1
		Discharge, Deputation, Appd list, Tfr In-Out etc.)	
		including office registers (i.e. Superannuation, Enquiry, Death,	
08	OP-8	Supervision regarding correct maintenance of all kinds of records	1
07	'	Promotional procedure and correctness of various approved list	1
07	OP-7	Timely completion of Probation and confirmation of all ranks,	1
		Notification of vacancies and reservation, Periodical reports & returns, Visit note.	
06	OP-6	Fortnightly pending diary, Maintenance of Special roster register,	1
05	OP-5	Redressal of Grievances	1
04	OP-4	Revision of office procedure manual	1
03	OP-3	Communication skill	1
02	OP-2	Manner and etiquettes in the mess/office	1
01	OP-1	Duties and responsibilities of AC (M)	1
SL	CODE	DETAILS	TOTAL

## **Subject - RULES & REGULATIONS**

Code – AR, Periods allotted – 10

SL NO	CODE	DETAILS	PERIODS
01.	AR-1	Recruitment procedure/ Compassionate appointment / LDCE of executive and min staff and issue of appointment order/ Discharge/ resignation from service	1
02.	AR-2	CCS(temp) Service Rules 1965/ CCS (Conduct) Rules 1964	1
03.	AR-3	Reservation for OBC, SC & ST candidates in service and correct maintenance of roster	1
04.	AR-4	Fixation of pay on promotion/ reinstatement /Adm review	1
05.	AR-5	CCS(CCA) Rules 1965/ Desertion/ overstayal of leave/ warrant of arrest – power – issue of warrant and maintenance of relevant registers	1
06.	AR-6	Procedure to deal with suspension cases/ PE/DE/COI/ Court cases and other enquiries	1
07.	AR-7	Finalization of intricate cases	1
08	AR-8	Qualifying service for pension and counting of military service towards civil pension, verification of qualifying service after 25 years service or 5 years before retirement/ emoluments and average emoluments	1
09.	AR-9	Preparation of pension case & documents to be attached with it & payment of provisional pension and gratuity	1
10.	AR-10	New Pension scheme (DCPS) and procedure for final payment under NPS.	1
		Total	10

#### **CRPF MANUALS**

Periods allotted – 10

1	AR-11	Establishment Manual	1
2	AR-12	Recruitment Manual	1
3	AR-13	Force institutions and funds manual	1
4	AR-14	GC & Bn Officers Manual	1
5	AR-15	Medical Manual / Official Secret Act	1
6	AR-16	Administrative officers hand book	1
7	AR-17	Standing & circular orders issued by the Dte. General	1
8	AR-18	Accounts Manual	1
9	AR-19-20	R-19-20 Provisioning Manual	
		Total	10

## **Subject - CRPF ACT & RULES**

Code – AR, Periods allotted – 8

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SL	CODE	DETAILS	PERIODS
01.	AR-21	CRPF Act 1949 Section 1 to 11	1
02.	AR-22	CRPF Act 1949 Section 12 to 19	1
03.	AR-23	CRPF Rules 1955 1 to 25	1
04.	AR-24	CRPF Rules 1955 26 to 76	1
05.	AR-25	CRPF Rules 1955 77 to 111	1
06.	AR-26-28	IPC/ CrPC	3
		Total	8

#### **Subject - COMPUTER TRAINING**

Code – Com, Periods allotted – 10

SL.	CODE	SUBJECT	ALLOTI	IENT O	F PERIOD	S
NO.			LEC/	PRAC	TOTAL	REM-
			DEMO			ARKS
01	Com-01	Work in Excel sheet with formula	-	01	01	
02	Com-02	E-lekha/ E-Budget	-	01	01	
03	Com-03	E-procurement	-	01	01	
04	Com- 04	E-bhavishya	-	01	01	
05	Com-05	E-auction	-	01	01	
06	Com-06	Selo Applications and all modules (PIS,	-	01	01	
		Inventory, Finance, Operational, Pay roll,				
		Miscellaneous)				
07	Com-07-08	E-Office		02	02	
08	Com-09-10	NFMS		02	02	
		Total	-	10	10	

#### **WORK ASSIGNMENT PERIOD- 13**

Code- WA

SL.	CODE	SUBJECT	PERIODS
NO.			
01.	WA-1	Points to be Checked regarding correctness of various pay bills	1
02.	WA-2	Points to be Checked regarding correctness of TA Bills	1
		including GO's	
03.	WA-3	Checking of Pension proposal	1
04.	WA-4	Pay fixation	1
05.	WA-5	Checking of FVC/GPF bills and local purchase	1
06.	WA-6	Checking points of Leave Encashment /LTC	1
07.	WA-7	Procedure to check Govt. and funds cash book	1
08.	WA-8	Method of Income Tax	1
09.	WA-9	VQS Proposal	1
10.	WA-10	RTI regarding	1
11	WA-11-12	Procedure of DEs/PEs/COIs	2
12	WA-13	Visit/Inspection of Senior Officers	1
		Total	13

#### ALLIED – 22 PERIODS -15

Code- ALI

SL. NO.	CODE	SUBJECT	PERIODS
01.	ALI-1-2	Opening/Closing Ceremony	02
02.	ALI-3	Small Arms Firing (Test)	01
03.	ALI-4-5	Written Test/Feedback	02
04.	ALI-6	Computer knowledge Test	01
05.	ALI-7-8	GENDER SENSITISATION	02
06.	ALI-9	GRIEVANCE CELL	01
07.	ALI-10-15	GAMES	06
		Total	15

#### **TEST POLICY:**

Rank of AC (M) is a supervisory post. Said course is on the basis of attendance basis only.