

**BLOCK TIME TABLE FOR HEAD CONSTABLE PROMOTIONAL COURSE**  
**(HCPC)**

01	Duration of training (In campus Trg + Jungle camp).	:	8 Weeks
02	Duration of in campus Trg.	:	07 Weeks
03	Duration of Jungle Camp Trg.	:	01 Week
04	Working days for in Campus Trg.	:	06 days
05	Period per day for in Campus Trg.	:	09 Periods per day excluding night periods
06	Total Period for in Campus Trg. (42x 09)	:	378 Day Periods
07	Total Extra Periods in night during in-campus training	:	39 Night Periods
08	Total Trg Period {in Campus (Day+Night) + Jungle Camp}	:	<b>417 (378+39) + 01 Week self contained/jungle camp - 70 pds</b>

## BLOCK SYLLABUS OF HEAD CONSTABLE PROMOTIONAL COURSE

Sl.No 1)	SUBJECT	EXISTING PERIODS			
		Code	Day	Night	Total
A	Physical Training exercise	EP	6	-	6
B	Battle physical efficiency test	EP	10	-	10
C	Battle obstacle assault course	EP	12	-	12
D	Route March	EP	12	-	12
	<b>TOTAL</b>		<b>40</b>	<b>-</b>	<b>40</b>
<b>2)</b>	<b>SKILLS</b>				
<b>A)</b>	<b>Drill with and without Arms</b>				
a	Squad Drill	SD	2	-	2
b	Platoon Drill	SD	2	-	2
c	Guard Mounting	SD	4	-	4
d	Bugle Calls	SD	2	-	2
	<b>TOTAL</b>		<b>10</b>	<b>-</b>	<b>10</b>
<b>B)</b>	<b>Weapon Training</b>				
a	5.56 mm INSAS Rifle	SW	8	2	10
b	5.56 INSAS LMG	SW	10	2	12
c	AK-47/AKM Rifle	SW	8	2	10
d	SAF Carbine 9 mm/MP 5	SW	5	2	7
e	9 MM Pistol	SW	2	-	2
f	36 HE Grenade including tube launching	SW	6	2	8
g	51 mm Mortar	SW	5	2	7
	<b>TOTAL</b>	<b>-</b>	<b>44</b>	<b>12</b>	<b>56</b>
<b>C)</b>	<b>Special Weapons</b>				
a	AGS-30	SSW	2	-	2
b	MMG	SSW	2	-	2
c	UBGL	SSW	4	-	4
d	CGRL	SSW	2	-	2
e	X-95 Rifle	SSW	2	-	2
f	MGL	SSW	2	-	2
g	PAG	SSW	2	-	2
	<b>TOTAL</b>		<b>16</b>	<b>-</b>	<b>16</b>
<b>(D)</b>	<b>Special Equipments</b>				
a	Hand Held thermal Imager	SEQ	1	2	3
b	i. GPS	SEQ	4	1	5
	ii. Practice on using GIS(Maverick/ Oruxmaps etc) enabled Smart Phones.	SEQ	4	1	5
c	DSMD (Deep Search mine detector)/F -3 MMD	SEQ	2	-	2
d	HHMD(Hand held metal detector)	SEQ	1	-	1
e	NVD (Night vision Devices)/Monocular	SEQ	1	1	2
	<b>TOTAL</b>		<b>13</b>	<b>5</b>	<b>18</b>
<b>E)</b>	<b>Firing</b>				
a)	Accidental Firing/Negligent Discharge of Firearms. Precaution to be taken to avoid accidental firing. (Guidelines issued vide Circular Order 02/2018 and 01/2001 should	SF	2	-	2
b)	Fundamental of accurate firing.	SF	3	-	3

c)	5.56 MM Insas rifle	SF	8	4	12
d)	AK-47/AKM Rifle	SF	6	3	9
e)	AK-47/AKM Rifle (Application fire- fire and move, fire under stress, moving target & Night fire)	SF	13	-	13
f)	9 mm pistol	SF	4	-	4
g)	Jungle Lane shooting <b>(In combat</b>	SF	10	-	10
h)	Room Intervention	SF	6	-	6
i)	5.56 insas rifle and 5.56 LMG (Application	SF	8	-	8
j)	UBGL demo firing.	SF	4	-	4
	<b>TOTAL</b>	-	<b>64</b>	<b>7</b>	<b>71</b>
<b>F)</b>	<b>Field firing</b>				
a)	51 mm Mortar	SFF	6	-	6
b)	Hand Grenade HE. NO-36	SFF	5	-	5
c)	Rifle Grenade H.E No-36	SFF	7	-	7
	<b>TOTAL</b>		<b>18</b>	<b>-</b>	<b>18</b>
<b>G)</b>	<b>Operational</b>				
a)	Field Craft	SFC	8	2	10
b)	Battle Craft	SBC	8	1	9
c)	Field Engineering & Explosive	SFE	8	-	8
d)	Map Reading & GIS	SMR	8	2	10
e)	Sand Model briefing (TEWT) & Ops planning on GIS (Google/Terra Explorer etc.)	SSM	8	-	8
f)	Tear Smoke & Riot Drill	SRD	6	-	6
g)	Jungle Camp (Outdoor)	SJC	<b>One week Jungle Camp</b>		
	<b>TOTAL</b>		<b>46</b>	<b>5</b>	<b>51+ 01 Week J/Camp</b>
<b>3-</b>	<b>KNOWLEDGE</b>	<b>Code</b>	<b>Day</b>	<b>Night</b>	<b>Total</b>
A)	Internal security problems	KIS	14	-	14
B)	VIP Security & Convoy Protection	KVC	4	-	4
C)	Guarding & Security of Vital Installation	KGS	2	-	2
D)	Intelligence & Interrogation	KINT	5	-	5
E)	Law and allied subjects	KL	8	-	8
F)	Case studies	KC	6	-	6
G)	Administration	KA	15	-	15
	<b>TOTAL</b>		<b>54</b>	<b>-</b>	<b>54</b>
<b>4-</b>	<b>BEHAVIORAL ORIENTATION</b>	<b>Code</b>	<b>Day</b>	<b>Night</b>	<b>Total</b>
A)	Man Management	B	2	-	2
B)	Hygiene & Sanitation	B	1	-	1
C)	Diet & Nutrition	B	1	-	1
D)	HIV/AIDS	B	1	-	1
E)	Human Rights and Constitution of India	B	2	-	2
F)	Psychological wellbeing	PW	6	-	6
	<b>TOTAL</b>		<b>13</b>	<b>-</b>	<b>13</b>
<b>5-</b>	<b>MISC</b>				
<b>A. (a)</b>	Opening & Closing	M	2	-	2
(b)	Experience Sharing	M	1	-	1
(c)	Training films	M	-	4	4
(d)	Operational use of Dog Squads	M	1	-	1

(e)	First Aid	M	2	-	2
(f)	Concepts of Minorities and Minority Commission	M	2	-	2
(g)	Basics of Cyber Security/Use of Social Media, precautions against Honey Trap	M	3	-	3
(h)	Training Module for killing/disabling of DMR Radios	DMR	6	-	6
<b>B.</b>	Firing Assessment (Specific)	M	7	6	13
	<b>TOTAL</b>		<b>24</b>	<b>10</b>	<b>34</b>
<b>6.</b>	<b>Test and Exam.</b>	<b>TE</b>	<b>36</b>	<b>-</b>	<b>36</b>
	<b>GRAND TOTAL</b>		<b>378</b>	<b>39</b>	<b>417</b>
			<b>01 Week Jungle Camp</b>		

**DETAILED SYLLABUS OF HEAD CONSTABLE PROMOTIONAL COURSE  
(HCPC)**

SL NO.	SUBJECT	PERIOD					
		Code	L	D	P	N	Tota
<b>ENDURANCE:- (40 PERIODS)</b>							
<b>(A) PHYSICAL TRAINING EXERCISE</b>							
1	Physical Training ke sidhant aur PT equipment se parichay aur unka prayog	EP-1	1	-	-	-	1
2	TS TC-I	EP-2-4	-	1	2	-	3
3	TS TC -2	EP-5-6	-	1	1	-	2
<b>Total</b>		-	<b>1</b>	<b>2</b>	<b>3</b>	-	<b>6</b>
<b>(B) BATTLE PHYSICAL EFFICIENCY TEST</b>							
(i)	BPET (02 mile run, 9' ditch, 200 yards fire-men lift & vertical/horizontal rope <b>(1<sup>st</sup> practice)</b> )	EP 7-9	-	-	3	-	3
(ii)	-do- <b>(2<sup>nd</sup> practice)</b>	EP-10-11	-	-	2	-	2
(iii)	-do- <b>(3<sup>rd</sup> practice)</b>	EP-12-13	-	-	2	-	2
(iv)	BPET Test	EP-14-16	-	-	3	-	3
<b>Total</b>		-	-	-	<b>10</b>	-	<b>10</b>
<b>(C) BOAC (BATTLE OBSTACLE ASSAULT COURSE)</b>							
(i)	Basic/standard/field obstacles se parichay aur unko cross karne ka tarika	EP 17-20	1	1	2	-	4
(ii)	BOAC followed by firing at short range (5 rounds)	EP 21-23	-	-	3	-	3
(iii)	BOAC followed by firing at short range (5 rounds)	EP 24-26	-	-	3	-	3
(iv)	BOAC followed by firing at short range (5 rounds)	EP 27-28	-	-	2	-	2
<b>Total</b>		-	<b>1</b>	<b>1</b>	<b>10</b>	-	<b>12</b>
<b>(D) ROUTE MARCH</b>							
(i)	Route march 20 KMS with FSMO including 15 kgs weight	EP 29-33	-	-	5	-	5
(ii)	Route march 30 KMS with FSMO including 15 kgs weight	EP 34-40	-	-	7	-	7
<b>Total</b>		-	-	-	<b>12</b>	-	<b>12</b>
<b>(2) SKILLS:- (240 Periods)</b>							
<b>(A) DRILL WITH AND WITHOUT ARMS (IP should be done in OTW)</b>							
<b>a) SQUAD DRILL</b>							
(i)	Squad drill ke udeshya, Dhire aur tej chal se Squad banana	SD 1-2	½	½	1	-	2
<b>Total</b>		-	<b>½</b>	<b>½</b>	<b>1</b>	-	<b>2</b>
<b>b) PLATOON DRILL</b>							
i)	Khade khade teen line se ek file banana, Khade khade ek file se teen line banana,	SD 3	-	½	½	-	1
ii)	Tej chal main teen line se ek file banana, tej chal main ek file se teen line banana	SD 4	-	½	½	-	1
<b>Total</b>		-	-	<b>1</b>	<b>1</b>	-	<b>2</b>
<b>c) GUARD MOUNTING</b>							
i)	Guard mounting ke bare mein jankari dena.	SD 5-6	½	½	1	-	2
ii)	Duty SO, Week officer aur VIP keane par guard ki karwai	SD 7-8	-	1	1	-	2
<b>Total</b>		-	<b>½</b>	<b>1½</b>	<b>2</b>	-	<b>4</b>

<b>d) BUGLE CALL</b>							
i)	Awsar ke bare main batate hue, Reveille tatha retreat, dress call, marker call, Officer call, March Off, break and parade off, Orderly room, Sainik Sammelan, mess call, games, roll call tatha bugle calls ke bare main jankari dena.	SD 9	½	½	-	-	1
ii)	Awsar ke bare main batate hue Bugle call, first post, last post, general alarm, fire alarm and cease fire, general salute, national salute, guard mounting, Kote NCO, CHM and CQMH calls ke bare mein jankari dena.	SD 10	½	½	-	-	1
<b>Total</b>		-	<b>1</b>	<b>1</b>	-	-	<b>2</b>
<b>(B) WEAPONS TRAINING (Extra practices should be given in OTW)</b>							
<b>(a) 5.56 MM INSAS RIFLE</b>							
i)	5.56 MM Insas rifle se shist lena aur fire karna.	SW 1-2	½	-	1½	-	2
ii)	5.56 MM Insas rifle ke chal aur roken door karna	SW 3-5	½	½	1	1	3
iii)	5.56 MM Insas rifle ka zeroing (mechanical & actual) ka tarika.	SW 6-8	1	1	1	-	3
iv)	5.56 MM Insas rifle se hatkar shist lene ka tarika	SW 9-10	½	½	-	1	2
<b>TOTAL</b>		-	<b>2</b>	<b>1½</b>	<b>4½</b>	<b>2</b>	<b>10</b>
<b>(b) 5.56 MM INSAS LMG</b>							
i)	5.56 MM Insas LMG se waqfiat kholana, jorna aur safai karna.	SW 11-13	½	½	1	1	3
ii)	5.56 MM Insas LMG ke Magazine ka bharna, LMG ka bharna, sight lagana, shist, pakar aur fire karna.	SW 14-15	½	½	1	-	2
iii)	5.56 MM Insas LMG ki chal	SW 16	½	½	-	-	1
iv)	5.56 MM Insas LMG ki roken wa fori ilaj	SW 17-20	½	½	2	1	4
v)	Advance handling of 5.56 MM Insas LMG	SW 21-22	½	½	1	-	2
<b>TOTAL</b>		-	<b>2½</b>	<b>2½</b>	<b>5</b>	<b>2</b>	<b>12</b>
<b>(c) AK-47/AKM RIFLE</b>							
i)	Ak-47/AKM assault rifle ki shist aur fire.	SW 23-24	½	½	1	-	2
ii)	Ak-47/AKM assault rifle Ki Chal aur roken	SW 25-27	½	½	1	1	3
iii)	Ak-47/AKM assault rifle se hatkar shist lena	SW 28-30	½	½	2	-	3
iv)	Ak-47/AKM assault rifle se kudrati shidhai wa fire karna.	SW 31-32	½	½	-	1	2
<b>TOTAL</b>		-	<b>2</b>	<b>2</b>	<b>4</b>	<b>2</b>	<b>10</b>
<b>(d) SAF CARBINE 9 MM/MP-5</b>							
i)	Carbine /MP-5 ko kholna safai aur jorna tatha Carbine/MP-5 ko bharna, le jane ke tarique.	SW 33-35	½	½	1	1	3
ii)	Caribne/MP-5 ke turant upay aur rokon ko turant dur karna tatha Carbine ko zeroing karna	SW 36-39	½	½	2	1	4
<b>TOTAL</b>		-	<b>1</b>	<b>1</b>	<b>3</b>	<b>2</b>	<b>7</b>
<b>(e) 9 MM Pistol</b>							
i)	9 MM Pistol ko kholna, safai aur jorna tatha 9 MM Pistol ko bharna, fire karna, khali karna	SW 40		½	½	-	<b>1</b>

ii)	9 MM Pistol ki firing position, padne wali rokein va fourilaz.	SW 41	-	½	½	-	1
	<b>TOTAL</b>		-	1	1	-	2
<b>(f) NO 36 HE GRENADE INCLUDING TUBE LAUNCHING</b>							
i)	No 36 HE grenade ki vishestayen aur istemal ke liye taiyar karna	SW 42-43	½	½	1	-	2
ii)	No 36 HE grenade ko phenkene ke sidhant aur lobbing karna	SW 44-46	½	½	1	1	3
iii)	Grenade ko prime karna, tube lunching main lagana tatha rifle se fire karna.	SW 47-49	½	½	1	1	3
	<b>TOTAL</b>	-	1½	1½	3	2	8
<b>(g) 51 MM MORTAR</b>							
i)	Bambon ke pehchan visheshtayen chal aur pack karna	SW 50-52	½	-	1½	1	3
ii)	Bambon ko taiyar karna, bharna, lay angle hasil karna, direct wa indirect fire karna aur khali karna	SW 53-55	½	-	1½	1	3
iii)	51 MM Mortar detachment ke kam	SW-56	½	½	-	-	1
	<b>Total</b>	-	1½	½	3	2	7
<b>(C) SPECIAL WEAPONS</b>							
<b>(a) AGS-30 (AUTOMATIC GRENADE SYSTEM)</b>							
i)	30 MM AGS aur ammunition ki visheshtayen, Saman lagana, sthan lena, nirikshan report	SSW 1	½	½	-	-	1
ii)	Mount aur Dismount karna, Bharna, Khali karna, action aur fire samapt	SSW 2	½	½	-	-	1
	<b>Total</b>	-	1	1	-	-	2
<b>(b) MMG (MEDIUM MACHINE GUN)</b>							
i)	MMG ki Aam jankari, kholna jorna, bharna aur khali karna	SSW-3	½	½	-	-	1
ii)	MMG se fire karne ke tarike	SSW-4	½	½	-	-	1
	<b>Total</b>	-	1	1	-	-	2
<b>(c) UBGL (UNDER BARREL GRENADE LAUNCHER)</b>							
i)	UBGL ki Aam jankari, kholna jorna, bharna aur khali karna tatha upyog	SSW 5-6	½	½	1	-	2
ii)	Using UBGL in Offensive/Defensive Roles	SSW 7-8	½	½	1	-	2
	<b>Total</b>	-	1	1	2	-	4
<b>(d) CGRL (CARL GUSTAF RECOIL LESS)</b>							
i)	CGRL ki Aam jankari aur fire karne ke tarike	SSW 9-10	½	½	1	-	2
	<b>Total</b>	-	½	½	1	-	2
<b>(e) X-95 ASSAULT RIFLE</b>							
i)	X-95 rifle ki Aam jankari, kholna/ Jorna, X-95 rifle ki sight ke bare mein Jankari fire karne ke tarike	SSW 11-12	½	½	1	-	2
	<b>Total</b>	-	½	½	1	-	2
<b>(f) MGL</b>							
i)	MGL ki Aam jankari, kholna/ Jorna avam MGL se fire karne ke tarike	SSW 13-14	½	½	1	-	2
	<b>Total</b>	-	½	½	1	-	2

<b>(g) PAG</b>							
i)	PAG ki Aam jankari, kholna/ Jorna avam PAG se fire karne ke tarike	SSW 69-70	½	½	1	-	2
<b>Total</b>		-	½	½	<b>1</b>	-	<b>2</b>

Note :- During weapon training (Musketry) fundamentals of accurate firing should be followed

<b>(D) SPECIAL EQUIPMENTS</b>							
<b>(a) HAND HELD THERMAL IMAGER</b>							
i)	Hand held thermal imager ki aam jankari wo uska upyog	SEQ 1-3	-	-	1	2	3
<b>Total</b>		-	-	-	<b>1</b>	<b>2</b>	<b>3</b>
<b>(b) GPS (GLOBAL POSITIONING SYSTEM)</b>							
i)	GPS Introduction, characteristics of GPS & Types, Bty, Initialization, study of switches and controls ON/OFF and set up process of Eqpt. Practice, practice on set up of system	SEQ 4-5	1	-	1	-	2
ii)	Making of way point in GPS by mark screen Data edit/delete, see latitude & longitude value of particular point, reaching and returning from a location by using GPS set.	SEQ 6-8	1	-	1	1	3
iii)	Revision, doubt clearing and practice	SEQ 9	-	-	1	--	1
iv)	Introduction to smart phone based GIS (Mavrick & Orux Maps)	SEQ 10-11	1	-	1	--	2
V)	Making of way point, Data edit/delete, see latitude & longitude value of particular point, reaching and returning from a location by using Smart Phones.	SEQ 12-13	-	½	½	1	2
<b>Total</b>		-	<b>3</b>	½	4½	<b>2</b>	<b>10</b>
<b>(c) DSMD (DEEP SEARCH MINE DETECTOR)</b>							
i)	DSMD ki aam jankari wo upyog karne ke tarike	SEQ 14-15	½	-	1½	-	2
<b>Total</b>		-	½	-	1½	-	<b>2</b>
<b>(d) HHMD (HAND HELD METAL DETECTOR)</b>							
i)	HHMD ki aam jankari va upyog karne ke tarike	SEQ-16	½	-	½	-	1
<b>Total</b>		-	½	-	½	-	<b>1</b>
<b>(e) NVD (NIGHT VISION DEVICES)</b>							
i)	NVD ki aam jankari wo upyog karne ke tarike	SEQ 17-18	½	-	½	1	2
<b>Total</b>		-	½	-	½	<b>1</b>	<b>2</b>

<b>(E) FIRING (Should be completed in regular interval)</b>					
Sl	Subject	Code	Day	Night	Total
a)	Accidental Firing/Negligent Discharge of Firearms. Precaution to be taken to avoid accidental firing. (Guidelines issued vide Circular Order 02/2018 and 01/2001 should also be discussed).	SF-1-2	2	-	2
b)	Fundamental of accurate firing. (lecture & musketry) as per precie on shooting skill.	SF -3-5	3	-	3
c)	5.56 MM Insas rifle (Zeroing and grouping as per Standing Order -9/2011)	SF-6-17	8	4	12



d)	AK-47/AKM Rifle (Zeroing and grouping as per Standing Order -9/2011)	SF-18-26	6	3	9
e)	AK-47/AKM Rifle (Application fire- fire and move, fire under stress, moving target & Night fire as per Standing Order-09/2011)	SF-27-39	13	-	13
f)	9 mm pistol (Application fire- fire and move, fire under stress, moving target as per Standing Order-09/2011)	SF-40-43	4	--	4
g)	Jungle Lane shooting <b>(In combat situation)</b>	SF-44-53	10	-	10
h)	Room Intervention	SF-54-59	6	-	6
i)	5.56 Insas rifle (Application fire- fire and move, fire under stress & moving target as per Standing Order-09/2011)	SF-60-63	4	-	4
j)	5.56 mm LMG (Application fire- fire and move, fire under stress & moving target as per Standing Order-09/2011)	SF-64-67	4	-	4
k)	UBGL demo firing.	SF-68-71	4	-	4
<b>TOTAL</b>		-	<b>64</b>	<b>7</b>	<b>71</b>

<b>(F) FIELD FIRING</b>							
i)	51 MM Mortar (01 HE each Trainee)	SFF 1-6	-	6	-	-	6
ii)	No.36 HE Hand Grenade (01 Grenade each Trainee)	SFF 7-11	-	5	-	-	5
iii)	No. 36 HE Rifle Grenade (01 Grenade each Trainee)	SFF 12-18	-	7	-	-	7
<b>Total</b>		-	-	<b>18</b>	-	-	<b>18</b>
<b>(G) OPERATIONAL</b>							
<b>(a) FIELD CRAFT</b>							
i)	Ground ki bant aur Dekh Bhal & Range Card Banana	SFC 1	½	-	½	-	1
ii)	Target ka bayan aur pahchan	SFC 2	½	-	½	-	1
iii)	Fire Control Order & Fire discipline	SFC 3-4	½	½	1	-	2
iv)	Aron ka sahi estemal aur jamin ke mutabik firing position chunna	SFC 5	-	-	1	-	1
v)	Rifle ke sath harkat ( Day & Night )	SFC 6-7	-	½	½	1	2
vi)	Listening Drill	SFC 8	-	-	-	1	1
Vii)	Stalking, camouflage & Concealment	SFC 9-10	-	-	2	-	2
<b>Total</b>		-	<b>1 ½</b>	<b>1</b>	<b>5 ½</b>	<b>2</b>	<b>10</b>
<b>(b) BATTLE CRAFT</b>							
i)	Use of Correct field signal	SBC 1-2	-	-	1	1	2
ii)	Section formation	SBC 3	-	-	1	-	1
iii)	Platoon formation	SBC 4	-	-	1	-	1
iv)	Section Battle Drill	SBC 5	-	-	1	-	1
v)	Platoon Battle Drill	SBC 6	-	-	1	-	1

vi)	ORF ka Soch Vichar	SBC 7-9	1	1	1	-	3
<b>Total</b>		-	<b>1</b>	<b>1</b>	<b>6</b>	<b>1</b>	<b>9</b>
<b>(c) FIELD ENGINEERING &amp; EXPLOSIVES</b>							
i)	Fire trenches, weapon pits, bunkers and Command post	SFE 1	½	½	-	-	1
ii)	Wire Obstacles ki aam jankari tatha concertina coil lagane ke tarike	SFE 2	½	½	-	-	1
iii)	Vhibhinna awsaron ke anusar tent lagan ke prakar	SFE 3	-	-	1	-	1
iv)	Road block, booby traps	SFE-4	-	-	1	-	1
v)	Various types of switches, mines, trip flare, fuses etc.	SFE 5	½	½	-	-	1
vi)	IED's and its components, various types of mechanism, characteristics and their working principles <b>(Class to be taken in the IED lab)</b>	SFE 6	1	-	-	-	1
vii)	DO's and Dont's of IED's Handling	SFE-7	1	-	-	-	1
viii)	Trip flare and various types of demolition charges	SFE-8	½	½	-	-	1
<b>Total</b>		-	<b>4</b>	<b>2</b>	<b>2</b>	-	<b>08</b>
<b>(d) MAP- READING/ INTRODUCTION TO GIS</b>							
i)	Map reading ka mahatva , aam jankari aur paribhashaein, Rurhi Chinh aur Military symbol	SMR 1	1	-	-	-	1
ii)	Map ko set karna aur service protector ka istemal	SMR 2-3	1	½	½	-	2
iii)	Compass ki jankari, istemal aur sky line ke bare mein jankari.	SMR 4	-	½	½	-	1
iv)	North ko malum karne ke tarike aur card banana	SMR 5	½	-	½	-	1
v)	Night march ke liye compass ko set karna aur map to ground and ground to map	SMR 6	½	-	½	-	1
vi)	Point to Point exercise	SMR 7-8	-	-	-	2	2
vii)	Introduction to Google map, Terra maps etc.	SMR 9-10	1	1	-	-	2
<b>Total</b>		-	<b>4</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>10</b>
<b>(e) SAND MODEL BRIEFING/TEWT</b>							
i)	Sand model general and operational briefing	SSM 1-4	1	1	2	-	4
ii)	TEWT exercise based on given narrations	SSM 5-6	-	-	2	-	2
iii)	Analysis and planning on Google Maps	SSM 7-8	-	-	2	-	2
<b>TOTAL</b>		-	<b>1</b>	<b>1</b>	<b>6</b>	-	<b>08</b>
<b>(f) TEAR SMOKE &amp; RIOT DRILL</b>							
i)	T.S Gas Ki aam jankari,gas munition ke prakar unke range aur upyog	SRD-1	½	½	-	-	1
ii)	Gas gun, MSL ka upyog	SRD-2	-	1	-	-	1
iii)	T.S.Gas ka istemal karte samay karo-Mat karo tatha T.S.Gas ka storage.	SRD-3	-	½	½	-	1

v)	Firing of TSM	-	-	3	-	-	3
	Total	-	½	5	½	-	6
(g)	Jungle Camp (Outdoor)	SJC	One Week Jungle Camp				
<b>3. KNOWLEDGE:- (54 PERIODS)</b>							
<b>(A) INTERNAL SECURITY PROBLEMS</b>							
i)	Badalte paridrashya mein antrik surksha ke chunotia J & K, LWE & NE)	KIS 1-2	2	-	-	-	2
ii)	Bharat ke vibhinn vidrohi avam algavwadi sangthan.	KIS 3-4	2	-	-	-	2
iii)	LWE sangthan ki sanrachna ki jankari	KIS-5	1	-	-	-	1
iv)	LWE ki karya pranali ke bare main udharan sahit jankari	KIS 6-7	2	-	-	-	2
v)	LWE ki prashikshan padhati aur rahan sahan va kamjorian (Lecture wa film ke madhyam se) tatha Mao Tsu ki ranniti ki sankshipt jankari.	KIS 8-9	2	-	-	-	2
vi)	Badalte praidrasya mein J&K ke samsyaien wa uska sakaratamak sujhav.	KIS 10	1	-	-	-	1
vii)	Vibhin prakar ke civil unrest ke bare main jankari avam police force ki bhumika (Student, agrarian, laborer, interstate boundary dispute or samajik/Dharmik sangthano dwara sanchalit andolan	KIS 11-12	2	-	-	-	2
viii)	DO'S and Don'ts for law enforcement agencies while dealing with civil unrest.	KIS 13	1	-	-	-	1
ix)	Do's and Don'ts for law enforcement agencies while conducting Ops against insurgent LWE area.	KIS 14	1	-	-	-	1
	<b>Total</b>	-	<b>14</b>	-	-	-	<b>14</b>
<b>(B) VIP SECURITY &amp; CONVOY PROTECTION</b>							
i)	VIP security ki sankshipt jankari aur itihas ki ghatnaen	KVC 1	1	-	-	-	1
ii)	Escorting of VIP by road	KVC 2	1	-	-	-	1
iii)	Sarkari Khajana/ sampati ko escort karna	KVC 3	1	-	-	-	1
iv)	Convoy protection	KVC 4	1	-	-	-	1
	<b>TOTAL</b>	-	<b>4</b>	-	-	-	<b>4</b>
<b>(C) GUARDING &amp; SECURITY OF VITAL INSTALLATION</b>							
i)	Vital installation ki aam jankari tatha unka ratriya mahtawa	KGS 1	1	-	-	-	1
ii)	Vital installation ki CRPF ke dwara surksha (Air port, Rail Jail wa Bhawan)	KGS 2	1	-	-	-	1
	<b>TOTAL</b>	-	<b>2</b>	-	-	-	<b>2</b>
<b>(D) INTELLIGENCE AND INTERROGATION</b>							
i)	Organization, duties of intelligence cell. Structure and principles of intelligence	KINT 1	1	-	-	-	1
ii)	Aasuchana prapat karne ki vibhinn tarike	KINT 2	1	-	-	-	1
iii)	Surveillance with reference to anti-terrorist and counter insurgency	KINT 3	1	-	-	-	1
iv)	Principle and types of interrogation, planning of interrogation and classification of subject	KINT 4	1	-	-	-	1

v)	Technique in brief of interrogation & quality of good interrogator	KINT 5	1	-	-	-	1
<b>TOTAL</b>		-	<b>5</b>	-	-	-	<b>5</b>
<b>(E) LAW AND ALLIED SUBJECT</b>							
i)	CRPF act 1949 (Sec 1,2,3,4,5,6,7,8, 11,12, 13,14,15,17)	KL 1-2	2	-	-	-	2
ii)	CRPF Rule 1955 (1, 4, 4A with latest amendments) 8,9,15,16,17,17A, 27A & B, 28, 29, 30, 31, 32, 33, 88, 89, 90, 91, 92, with recommendation of 6 <sup>th</sup> pay commission.	KL 3-4	2	-	-	-	2
iii)	Special armed force power act kisanshiptjankari	KL-5	1	-	-	-	1
iv)	IPC-right of private defence (sec 96 to 100, 101 to 106)	KL 6-7	2	-	-	-	2
v)	CrPC- dispersal of un law full assembly and protection against prosecution (Sec 129 to 132)	KL 8	1	-	-	-	1
<b>TOTAL</b>		-	<b>8</b>	-	-	-	<b>8</b>
<b>(F) CASE STUDIES</b>							
i)	Latest incidents related with LWE area and lesson learnt	KC 1-3	3	-	-	-	3
ii)	Latest incidents related with J & K / NE and lesson learnt	KC 4-6	3	-	-	-	3
<b>TOTAL</b>		-	<b>6</b>	-	-	-	<b>6</b>
<b>(G) ADMINISTRATION</b>							
i)	Documentation of kote record, duties of kote NCO, KoteKholneur band karnekipadhatti	KA 1-2	2	-	-	-	2
ii)	Documentation of mess records of Ors mess and duties of mess NCO.	KA 3-4	2	-	-	-	2
iii)	Duties of Section 2-I/C	KA -5	1	-	-	-	1
iv)	Duties of CQMH, BHM and maintenance of all records.	KA 6	1	-	-	-	1
v)	Method of writing of Hindi aadesh	KA 7-8	1	-	1	-	2
vi)	Preparation and maintenance of duty roster	KA 9-10	1	-	1	-	2
vii)	Duties of R.P.Havaladar including regimental duties to be performed by HCs/GD like Canteen, co-operative and control room	KA 11-12	2	-	-	-	2
viii)	Maintenance of briefing and de-briefing register	KA 13-14	1	-	1	-	2
ix)	Duties of guard commander	KA 15	1	-	-	-	1
<b>TOTAL</b>		-	<b>12</b>	-	<b>3</b>	-	<b>15</b>
<b>4. BEHAVIORAL ORIENTATION:- (13 PERIODS)</b>							
<b>(A) MAN MANAGEMENT</b>							
i)	Understanding the personnel of section. (Maintenance of section diary)	B-1	½	½	-	-	01
ii)	Leadership qualities at section level	B -2	1	-	-	-	01
<b>TOTAL</b>		-	<b>1½</b>	<b>½</b>	-	-	<b>2</b>
<b>(B) HYGIENE AND SANITATION</b>							

i)	Personal hygiene	B-3	½	-	-	-	½
ii)	Hygiene and sanitation of in and around camp area		½	-	-	-	½
<b>TOTAL</b>		-	<b>1</b>	-	-	-	<b>1</b>
<b>(C) DIET &amp; NUTRITION</b>							
i)	High and low calories food kijankaritathasawsthya per iskaprabhav	B 4	1	-	-	-	1
<b>TOTAL</b>		-	<b>1</b>	-	-	-	<b>1</b>
<b>(D) HIV /AIDS</b>							
i)	HIV/AIDS ki aam jankari myth wo savdhania	B 5	1	-	-	-	1
<b>TOTAL</b>		-	<b>1</b>	-	-	-	<b>1</b>
<b>(E) HUMAN RIGHTS AND CONSTITUTION OF INDIA</b>							
i)	Human right kibaribhasa, sankshiptitihawo DO's & Don'ts for law enforcement agencies.	B 6	1	-	-	-	1
ii)	Constitution ke bare me aamjankari, prastawana wo fundamental rights and duties	B 7	1	-	-	-	1
<b>TOTAL</b>		-	<b>2</b>	-	-	-	<b>2</b>

### **(F) Psychological wellbeing of CRPF personnel**

Sl No.	Topic	Code	Lecture
1	Significance and importance of psychiatrist and psychologist in uniformed services. Removing stigma and inhibition in consulting them	B-8	01
2	Understanding human psychology- normal behaviour and abnormal behaviour difference. Appreciating Personality differences.	B-9	01
3	Identification of major and minor psychiatric illness.	B-10	01
4	Understanding stress and Combat stress behaviours/ non combat stress behaviour, positive and negative	B-11	01
5	Managing daily routine conflicts, personal and interpersonal. Time management. Financial and family management	B-12	01
6	Suicide/ Para suicide and early warning signs and its other variations. (Fragging, Fratricide etc.)	B-13	01
<b>Total</b>			<b>06</b>

<b>5 MISCELLANEOUS:- (34 PERIODS)</b>							
<b>(A)</b>							
(a)	Opening and closing	M 1-2	2	-	-	-	2
(b)	Experience sharing (Note:- Each trainee will give in writing his Ops/Adm experience of last 05 years on any one event)	M -3	1	-	-	-	1
(c)	Training films (Rescue Down/Platoon Comdr/ Raid On Entebbe/ Delta Force)	M 4-7	-	-	-	4	4
(d)	Operational use of DOG squad	M - 8	1	-	-	-	1
(e)	First aid ke bare me jankari tatha snake bite tatha insect bite ka prathamik upchar and casualty evacuation drill.	M 9-10	2	-	-	-	2
(f)	<b>Minorities (Concept of Minority &amp;</b>						

	<b>Minority Commission )</b>						
	(i) Minority Community, Definition, Introduction to National Commission for Minorities.(Various Definition accepted by National Commission for Minorities (NCM) . Human Rights and Minority Rights	M 11	1	--	--	--	1
	(ii)Constitutional and Legal Provisions of Protection Minorities under Indian Law.(Constitution of India viz.Article20 to30 and 350 A to 350 B)	M 12	1	--	--	--	1
<b>(g)</b>	Basics of Cyber Security/Use of Social Media, precautions against Honey Trap	M 13-15	03	-	-	-	03
<b>(h)</b>	<b>Training Module for killing/disabling of DMR Radios</b>						
	DMR Radio set XIRP8668, XIRM8668 introduction, handling & Nobs & Control Operation Practice.	DMR 1-2	01	-	01	-	02
	Practice on DMR to enable to disable & understanding parameters available for blocking of Radio enable/disable & different types of authentication & its activation procedure	DMR 3-4	-	-	02	-	02
	Understanding bad practice of handling Radio sets and Do's & Don't while handling of Radio sets.	DMR 5-6	01	-	01	-	02
	<b>Total</b>		<b>13</b>	<b>-</b>	<b>04</b>	<b>4</b>	<b>21</b>

### **(B) Firing assessment\***

(i)	9mm Pistol- 05 rounds on CQB target from 20 yards.(Scoring-Head hit 04 pts, anywhere hit -03 pts)	M 16-18	-	-	1	2	3
(ii)	AK-47/AKM- 10 rounds on CQB target from 100 yards. (Scoring-Head hit 04 pts, anywhere hit -03 pts)	M 19-23	-	-	3	2	5
(iii)	INSAS Rifle- 10 rounds on CQB target from 100 yards. (Scoring- Head hit 04 pts, anywhere hit -03 pts)	M 24-28			3	2	5
	<b>Total</b>		<b>-</b>	<b>-</b>	<b>7</b>	<b>6</b>	<b>13</b>

**Note:-\*** Minimum passing mark 50 % i.e. 50 out of 100 marks required in firing assessment.

<b>6</b>	<b>TEST &amp; EXAM :- (36 PERIODS)</b>	<b>Code</b>	<b>Day</b>	<b>Night</b>	<b>Total</b>
	Test & Examination	TE 1-36	36	-	36
	<b>Total</b>	<b>-</b>	<b>36</b>	<b>-</b>	<b>36</b>

### **SUGGESTIONS RELATED TO IMPROVEMENT OF FIRING OF TRAINEES**

01.	Instructors trained in "Shooting skill course" will conduct firing of trainees during the course.
02	More emphasis to be given to ABCDEFG drill at the firing range. A. Actual fire B. Buddy C. Cone fire D. Dismantling

	E. Emergency. F. Freezing G. Ground(use of ground)
03	A FIRING DATA CARD on the lines of health card is recommended to be maintained by each trainee based on which efforts should be made to improve their firing skill.
04	After introductory fire, BALL & DUMMY exercises are recommended to be carried out to segregate trainees based on the mistakes committed like FLINCH, BUCK, JERK. Trainees should be divided into groups, based on particular mistakes being committed and accordingly relevant corrective exercises be administered.
06	NOT MORE THAN 40 personnel to be allowed for firing practices at one firing range in a day.
07	Weapon training, Musketry & firing practices should be done religiously.
08	Dry practice on blank target be carried out, one week prior to actual practice, so that the firer understands the correct sight alignment and its importance.

## **JUNGLE CAMP OUT - DOOR EXERCISE (07 DAYS)**

**(CODE –SJC)**

- Exercises for the first **03 days of Jungle Camp** (living in Bivouac, self- contained, cooking permitted in buddies).
- Narrations issued should be in form of a story and linked with previous exercises.
- Every day, one hour freezing exercise will be done (in this exercise trainees will be asked to lie down and remain static without making any movement/ noise. This will be strictly done under supervision of DS. Who-so-ever breaks the above rule will be immediately taken out/ excluded from the group.

<b>DAY</b>	<b>SUBJECT/EXERCISE</b>
D minus 1	<ul style="list-style-type: none"> <li>• Issue of narration for jungle camp exercise</li> <li>• Distribution of tasks by DS</li> <li>• Preparation of briefing by trainees as OTW</li> </ul>
D 1	<ul style="list-style-type: none"> <li>• Preparation of move-order with details of weapons</li> <li>• Briefing by Commanders under supervision of DS</li> <li>• Final inspection of troops by commanders (specially checking of signal equipments and arms/ammunitions)</li> <li>• Move out of training centre for <b>Ops Padaav (Estb of COMPANY OPERATING BASE/COB)</b> keeping security precautions:-               <ul style="list-style-type: none"> <li>i) Foot mobile movement by patrolling/ROP method or</li> <li>ii) Move by vehicles clandestinely up to a safe point followed by foot mobile movement in the form of patrolling/ ROP wherever applicable.</li> </ul> </li> <li>• Taking LUP and Initial recce by 'O'- group, sanitization of the area , all round defence of LUP/COB area</li> <li>• Establishing observations and listening posts and camp drills</li> <li>• Making eye- sketch of area of operation</li> </ul> <p><b><u>Note:-</u></b></p> <ol style="list-style-type: none"> <li>1) During above exercises, enemy will lay ambush enroute, fire on camp during establishment of LUP/COB. Counting drill be followed during patrolling</li> <li>2) IED be placed at water point and under trees or at probable places where</li> </ol>

	<p>troops are supposed to go.</p> <p>3) QAT to react promptly to counter the threat once LUP is fired upon.</p> <p>4) All activities are to be as discreet as possible</p>
D 2	<ul style="list-style-type: none"> <li>• Practicing bowel control (time for nature's call be changed everyday) and ablution drills</li> <li>• water discipline</li> <li>• De- briefing of <b>Ops Padaav</b> under supervision of DS</li> <li>• Issuing narration for patrolling (<b>Ops Parikrama</b>) to dominate the area and gather intelligence.</li> <li>• Briefing under supervision of DS.</li> <li>• IAD drills of all the situations (<b>Ops Hunkaar</b>) during patrolling.</li> <li>• De-briefing of <b>Ops Parikarma</b> and <b>Hunkaar</b> under supervision of DS.</li> <li>• Exercise of camouflage and concealment (day time).</li> <li>• Issue of narration for next day early hour ambush (<b>Ops Ghaat</b>) and briefing under supervision of DS.</li> <li>• Observation and listening drill, filling in observation log book (training staff will make movements and other activities in front of trainees during observation and listening drill to assess the level of alertness of the trainees)</li> </ul>
D 3	<ul style="list-style-type: none"> <li>• Early hour ambush and counter ambush (<b>Ops Ghaat</b>)</li> <li>• Exercise on crossing water bodies if possible enroute</li> <li>• De- briefing of <b>Ops Ghaat</b></li> <li>• Freezing exercise (one hour continuously): trainees will be asked to lie down and remain still without making any movement/ noise. This will be strictly done under supervision of DS. Who-so-ever breaks the above rule will be immediately taken out/ excluded from the group to highlight its importance).</li> <li>• Exercise of making hides (hides should be made in such a way that at least two- three persons can be accommodated and such hides should be as such that no one can locate it.)</li> <li>• Observation and listening drills, filling in observation log book</li> <li>• Issue of narration for CASO (<b>Ops Gherao</b>) the next day and briefing under supervision of DS.</li> <li>• Exercise on sudden close- contact during night.</li> </ul>
<p><b><u>EXERCISES FOR LAST 4 DAYS OF JUNGLE CAMP</u></b></p> <p>No activities (unnecessary) during day time, complete Camouflage &amp; concealment, observation&amp; listening during day time, cooking not permitted. After completion of exercise on last day, troops should be subjected to BATTLE INOCULATION.</p>	
D 4	<ul style="list-style-type: none"> <li>• Practicing bowel control (time to go to toilets/nature's call be changed every day) and ablution control drill</li> <li>• <b>Ops Gherao</b></li> <li>• De- briefing of <b>Ops Gherao</b> under supervision of DS</li> <li>• Camp attack by enemy during de- briefing time.</li> <li>• Shifting of camp location</li> <li>• Issuing narration for raid (<b>Ops Prahaar</b>)</li> <li>• Freezing exercise</li> <li>• Sending Recce patrol</li> <li>• Briefing of <b>Ops Prahaar</b> under supervision of DS</li> <li>• Set out for <b>Ops Prahaar</b> in night</li> </ul>
D 5	<ul style="list-style-type: none"> <li>• <b>Ops Prahaar</b> at first light</li> <li>• De briefing of <b>Ops Prahaar</b> under supervision of DS</li> </ul>



	<ul style="list-style-type: none"> <li>• Making hides and living in hides</li> <li>• Practicing listening and observation from hides and filling in observation log book</li> <li>• Freezing exercise</li> <li>• Issue of narration for search and destroy operation SADO ( <b>Ops Dhwast</b>)</li> <li>• Briefing of <b>Ops Dhwast</b> under supervision of DS</li> <li>• Set out for <b>Ops Dhwast</b> at late night</li> </ul>
D 6	<ul style="list-style-type: none"> <li>• <b>Ops Dhwast</b> (to be completed before noon.)</li> <li>• De briefing of <b>Ops Dhawast</b> under supervision of DS</li> <li>• Issue of narration for MCP (<b>Ops chakra</b>)</li> <li>• Briefing <b>Ops Chakra</b> under supervision of DS</li> </ul>
D 7	<ul style="list-style-type: none"> <li>• Practicing bowel control</li> <li>• <b>Ops Chakra</b></li> <li>• Exercise on causality evacuation</li> <li>• Exercise on crossing water bodies if possible</li> <li>• Returning to trg. Camp by noon</li> <li>• Subjecting trainees to <b>Battle Inoculation(Ops Sanghar)</b> exercise at available range</li> </ul>

**Note:**

- 1 All exercises should be done by forming Sections/Platoons/COYS depending upon the total strength of the trainees.
- 2 Instructions issued vide Directorate General, (Trg Branch), Letter No. T-V-6/2010-Trg-6 dtd 29/12/10, 31/12/10 and 7/3/11 may also be referred.

## TEST POLICY OF HEAD CONSTABLE PROMOTIONAL COURSE (HCPC)

SL. NO	SUBJECT	Marks	
<b>WRITTEN</b>			
1)	Weapon/TS/ Lathi/Riot Drill/ FC/BC/TAC/CIAT/MR/FE	100 Mks	
2)	Law, Management and Administration	100 Mks	
<b>Total</b>		<b>200 Mks</b>	
<b>PRACTICAL</b>			
1.	Weapons/special weapons, Eqpts Handling & weapons Fault finding	100 Mks	
	a) INSAS Rifle		20Mks
	b) AK-47		20Mks
	c) Pistol		05Mks
	d) 51 mm Mortar		10 Mks
	e) Rifle Grenade		05Mks
	f) INSAS LMG		10 Mks
	g) CGRL		05Mks
	h) X-95 Rifle		05Mks
	i) NVD		10 Mks
	j) UBGL	10 Mks	
<b>Total</b>		<b>100 Mks</b>	
2.	Firing,* i) 9mm Pistol- 05 rounds on CQB target from 20 yards.(Scoring-Head hit 04 pts, anywhere hit -03 pts) ii) <b>Insas Rifle and</b> AK-47/AKM- 10 rounds by each weapon (Total 20 Rounds) on CQB target from 100 yards. (Scoring-Head hit 04 pts, anywhere hit -03 pts) <b>(Note - To be assessed by Internal Board during the course)</b>	20 Mks	
<b>TOTAL</b>		<b>80 Mks</b>	
<b>TOTAL</b>		<b>100 Mks</b>	
3	Drill a) Squad Drill b) Platoon Drill c) Guard Mounting d) Bugle Calls	05 Mks 05 Mks 05 Mks 05 Mks	
<b>TOTAL</b>		<b>20 Mks</b>	
4	Endurance a) BPET b) BOAC c) PT (TSTC Instructional ability)	20 Mks 20 Mks 10 Mks	
<b>TOTAL</b>		<b>50 Marks</b>	
<b>GRAND TOTAL</b>		<b>470 Mks</b>	

**Note :-**

1.	Written test is of objective type and there are 2 papers of total 200 Marks under knowledge side.
2.	The written papers may be set up centrally under the direction of TrgDte and it would

	be sent to all the CTCs conducting Head Constable Promotional course.
3.	*Firing will be assessed by the Internal board and pattern of giving marks will be as per instructions of Standing Order on ARCF.
4.	<b>Final test will be conducted within the course duration.</b>
5.	Any trainee failing in one or more subjects of one group (written / practical) will have to appear in re-test of failed subjects of that group only with the next course.
6.	However, failures in subjects in more than one group i.e. written and practical have to re-appear in course afresh subject to availability of chance. Trainees failing in aggregate have to re-appear also in course afresh subject to availability of chance.
7.	<b>During Firing practices, firing will be conducted with personal weapons (as applicable) as per ARCF practices and it will be counted as ARCF for that particular year.</b>

### **GRADING PATTERN**

The grading will be awarded as per following pattern laid down in existing syllabus.

KNOWLEDGE		PRACTICAL	
Above 70%	'A'	Above 70%	'X'
60 % & Above, below 70%	'B'	60 % & Above, below 70%	'Y'
45 % & above, below 60 %	'C'	45 % & above, below 60 %	'Z'

### **As per Standing Order – 01/2015**

CATEGORIES	Minimum percentage (Written)	Minimum percentage (Ground Test)	Minimum aggregate percentage
Unreserved	40%	50%	50%
SC/ST	35%	50%	45%

### **COMPOSITION OF BOARD FOR FINAL TEST:-**

The BOO is presided over by the DIG/Principal/Officiating Principal/ Commandant of training institution which will be detailed by the concerned institution as per following composition.

<b>P.O</b>	DIG/Principal/Officiating Principal/ Commandant
<b>Member-I</b>	Dy Commandant
<b>Member-II</b>	Asstt. Commandant
<b>Member-III</b>	Asstt. Commandant
<b>Member-IV</b>	Inspector
<b>Member-V</b>	Inspector

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