

SYLLABUS

ACPC

ASSISTANT COMMANDANT PROMOTION COURSE(ACPC)

OBJECTIVE:-

To enhance the capability of Inspector of CRPF awaiting Promotion As Assistant Commandant for effective discharge of Operational as well as administrative duties Inherent to the rank , which , which Mainly include.

OPERATIONAL:-

- To lead a service company of CRPF effectively and efficiently during I.S duties.
- To Plan, Brief and carry out Company -Level operations, For achievement of assigned task.
- To effectively command and supervise Deployment.
- To train men under Command for operational orientation and preparation.

ADMINISTRATIVE:-

- To develop as a Gazetted Officer.
- To Ensure Good discipline , Administration , Efficiency and morale of men placed under his commandant.
- To carry out the duties assigned to the Gazetted officer in a Battalion /Other institutions, effectively.
- To attend the correspondence connected to a service Company and ensure proper maintenance of documents.
- To supervise and motivate the Subordinate and other rank of his Company.
- To be a role model for his company.

ASSISTANT COMMANDANT PROMOTIONAL COURSE(ACPC)

BLOCK TIME TABLE

01	Duration of Training (In-Campus Training + Jungle Camp).	:	11 Weeks.
02	Duration of In-Campus Training.	:	9 Weeks.
03	Duration of jungle-Camps Training and survival	:	02 weeks.
04	Working Days for in-Campus Training in a week	:	06 Days.
05	Period per Day for in-Campus Training.	:	09 Periods.
06	Total period for in-Campus Training (9x6x9)	:	486 Periods.
07	Night period	:	06 Pds
08	Total Training Period (in-Campus day periods + Night periods + Jungle Camp)	:	492 +130 = 622

CATEGORISATION OF TRG. PROGRAMME

Topics of this Syllabus have been classified into six categories:-

S.No.	CATEGORY	CODE	TOTAL PERIOD
1	Endurance	E	12
2	Skills	S	235+2 weeks jungle camp
3	Knowledge	K	174
4	Behavioral Orientation	B	32
5	Miscellaneous	M	39
		Total	492 & 02 weeks J/Camp (130 PDS).

BLOCK SYLLABUS OF ACPC

SL. No.	SUBJECT	PERIODS			
		CODE	DAY	NIGHT	TOTAL
1.	Opening And Closing Ceremony	M	02	--	02
2.	Tests	M	14	--	14
3.	Knowledge Development				
	(A) Management Science	KMS	06	--	06
	(B) Behavioral Science	KBS	10	--	10
4.	Internal Security And CI(Ops)				
	A) Internal Security & Psychological Well being of force personnel	KIS	20	--	20
	B) CI(Ops)	SCI/KCI	151	04	155
5.	IEDs	KIED/SIED	25	--	25
6	Personality Development And Attitude Building: Motivation, Man-Management, Leadership.	B	30	--	30
7.	Intelligence / Interrogation	KINT	18	--	18
8.	Miscellaneous Subjects	KM/SM	35	--	35
9.	LAW	KL	13	--	13
10	CRPF Manuals and Important References.	KMAN	26	--	26
11	General Knowledge Subjects	K	23	--	23
12.	Progressive Weapons Trainings.	SW	20	--	20
13.	Integrated Weapons Training	SW	12	--	12
14.	Stress Management	BSM	02	--	02
15.	GPS and Map Reading	SMR	32	02	34
16.	Guest Lectures / Spare Periods / Demonstration of special weapon	SM	06	--	06
17	Counseling	KM	04	--	04
18	02 weeks Jungle CAMP Trainings (SJC-130 Periods).	SJC	-	-	-
19	Firing	SF	23	-	23
20	Minority Rights	KM	02	-	02
21	Endurance	E	12	-	12
		TOTAL	486	6	492 + 2 weeks jungle camp

DETAILED SYLLABUS FOR ACPC

SL. NO.	SUBJECT	PERIOD				Total
		Code	Lec	Demo	TEWT/ Discussion / Practice	
1	OPENING / CLOSING-ADDRESS/ OVERVIEW OF THE COURSE	M (1-2)	02	--	--	02
2	TESTS	M (3-16)	--	--	14	14
	TOTAL		02	--	14	16
3	KNOWLEDGE DEVELOPMENT					
	A) Management Science.					
i	Concept, Principles, Process And Theories of Management.	KMS (1-2)	02	--	--	02
ii	Problem Solving and Decision- Making	KMS (3-4)	02	--	--	02
iii	Importance of Planning and staffing in management	KMS (5-6)	02	--	--	02
	B) Behavioral Science					
	i. Introduction to Behavioral Science viz- a-viz CRPF	KBS (1-2)	02	--	--	02
	ii. Individual and Group Behavior	KBS (3-4)	02	--	--	02
	iii. Crowd and Mob Psychology and its Importance.	KBS (5-6)	02	--	--	02
	iv. Modification of Behavior of personnel.	KBS (7-8)	02	--	--	02
	v. Behavior, Attitudes and Habits W.R.T. CRPF Personnel.	KBS (9-10)	02	--	--	02
	TOTAL		16	--	--	16
4.	INTERNAL SECURITY AND CI(OPS)					
	(A) INTERNAL SECURITY					
i	Concept of Internal Security	KIS (1-2)	02	--	--	02
ii	Contemporary Internal Security problems & Role of CRPF	KIS (3-4)	02	--	--	02
iii	Communal Riots and Role of CRPF	KIS (5-6)	02	--	--	02
iv	Agitation Movements in India Including Threat – Perception.	KIS (7-8)	02	--	--	02
v	Left Wing Extremism Latest Trends and Response of CRPF	KIS (9-14)	04	--	02	06

Psychological Well being						
i	Human life cycle normal psychological growth. Identification of major and minor psychiatric illness. a- Substance use disorder. b- Mood disorder - i) depression ii) Bipolar affective disorder. c- Schizophrenia and psychotic disorder. d- Anxiety disorders and panic attacks. Acute anxiety disorders. e- Post traumatic stress disorder. f- Phobias and obsessive disorders.	PW-1	01	-	-	01
ii	Understanding stress and Combat stress behaviours/ non combat stress behaviour, positive and negative. Suicide/ Para suicide and early warning signs and its other variations. (Fragging, Fratricide etc.)	PW-2	01	-	-	01
iii	Managing daily routine conflicts, personal and interpersonal. Time management. Financial and family management. Understanding and managing anxiety and aggression. Symptoms and management	PW-3	01	-	-	01
iv	Bases of counselling. a- Communication skill in counselling. b- Establishing a rapport c- Free association d- Assessing ego strength of an index client e- Inculcating psychological growth. f- Moral and ethics of counselling and inter personal relations	PW-4	01	-	-	01
v	Combat stress management method (individual and group techniques- Yoga, meditation, Breathing exercises, Jacobson muscle relaxation techniques, games-indoor and outdoor, recreation facilities) Combatant motivation and morale	PW-5	01	-	-	01
vi	Technology (Mobile and internet, excessive TV viewing and computer use) – uses and misuses	PW-6	01	-	-	01
Total			18	-	02	20

	(B) CI(OPS)	Code	Lec	Demo	TEWT/ Discussion /Practice	Total
I	How To Conduct briefing on Map/Sand Model	SCI (1-4)	01	01	02	04
ii	VIP Security, General Security Enroute And At Place of Halting.	SCI (5-8)	02	01	01	04
iii	Curfew & Its Imposition & Flag-Marches.	SCI (9-10)	01	--	01	02
iv	Esstt. of An Outpost in Rural & Urban Area	SCI (11-16)	01	--	05	06
v	Patrolling, Recce, Planning, Briefing, Conduct & De-Briefing	SCI (17-22)	02	01	03	06
vi	Ambush & Counter Ambush, Recce, Planning, Briefing Conduct & De-Briefing.	SCI (23-28)	02	01	03	06
vii	Raid, Recce, Planning, Briefing, Conduct & De-Briefing.	SCI (29-36)	02	01	05	08
Viii	Road, Opening Parties, and convoy Escorting, Recce, Planning, Briefing, Conduct and De-Briefing.	SCI (37-42)	02	01	03	06
ix	CASO, Recce, Planning, Briefing, Conduct & De-Briefing.	SCI (43-48)	02	01	03	06
x	Nakabandi & Search of Vehicles, Recce, Planning Briefing, Conduct and De-Briefing.	SCI (49-53)	02	01	02	05
xi	Small Team Concept, Multi-Tasking & Multi Disciplinary Approach	SCI (54-59)	02	--	04	06
xi	Multiple – Patrolling in AOR	SCI (60-64)	01	--	04	05
xiii	Convoy Protection	SCI (65-70)	01	--	05	06
xiv	Immediate Action Drill Concept.	SCI (71-72)	02	--	--	02
	Immediate Action Drills in Case of :-					
	i) Attack on Foot-Patrol	SCI (73-74)	--	--	02	02
	II) Attack on Mobile Patrol	SCI (75-76)	-	-	02	02
	III) Attack on Post	SCI (77-78)	-	-	02	02
	IV) In case of Grenade / RL Attack	SCI (79-80)	-	-	02	02
	V). In case of Ambush	SCI (81-82)	-	-	02	02
	VI). In Case of Fidayeen Attack	SCI (83-84)	-	-	02	02
	vii). In case of Vehicle Explosive Laden Attack On post	SCI (85-86)	-	-	02	02
xv	Harbor / LUP	SCI (87-92)	02	01	03	06
xvi	Case Study (03 Case Studies On LWE Area)	KCI (1-6)	-	-	06	06
xvii	Case Study (03 Case Studies On J & K area)	KCI (7-12)	-	-	06	06
xviii	Case Study (03 Cases Studies On NE area)	KCI (13-18)	-	-	06	06

	CI (OPS) – GROUND	Code	Lec	Demo	Pract ice	Night	Total
I	General Ground Appreciation.	SCI (93-94)	01	--	01	-	02
ii	JD	SCI (95-96)	01	--	01	-	02
iii	Route Recce	SCI (97-101)	01	--	04	-	05
iv	Staling & Tactical Night Movement From Operational Point of View.	SCI (102-110)	01	--	04	04	09
v	Camouflage and Concealment.	SCI (111-114)	01	--	03	-	04

vi	Fire-Flush	SCI (115-116)	01	--	01	-	02
vii	Attack	SCI (117-119)	01	--	02	-	03
Viii	Defense	SCI (120-122)	01	--	02	-	03
ix	Combing.	SCI (123-125)	01	--	02	-	03
x	Fire-Control Orders	SCI (126-128)	01	--	02	-	03
xi	Battle Procedure	SCI (129-130)	01	--	01	-	02
xi	Battle Drill (Section & Platoon)	SCI (131-134)	01	01	02	-	04
xiii	Reporting of an incident and preparation of Detailed Report.	KCI (19)	01	--	--	-	01
xiv	Preparation of Camp Standing Order and Contingency Plans.	KCI (20-21)	01	--	01	-	02
TOTAL			39	10	102	04	155
5	IEDs	Code	Lec	Demo	TEWT/ Discussion /Practice	Total	
I	Explosives in General, Classification of Explosives	KIED (1-2)	02	--	--	02	
ii	IEDs and its Components, Various Types of Mechanisms, Characteristics and Their Working Principles Dos And DONT's)	KIED (3-8)	04	02	--	06	
iii	Latest Equipment for Search And Detection of Ieds.	KIED (9-10)	--	02	--	02	
iv	Search of IED	SIED (1-5)	--	01	04	05	
v	Preparation Of A Demolition Set & Handling Of Blinds.	SIED (6-11)	01	01	04	06	
vi	Preparation For Storage And Transportation Of Explosives.	SIED (12-13)	01	01	--	02	
vii	Current Trends In IEDs	KIED (13-15)	02	--	--	02	
TOTAL			10	07	08	25	

06	PERSONALITY DEVELOPMENT AND ATTITUDE-BUILDING Motivation, Man-Management And Leadership.	CODE	LEC	DEMO	TEWT/ Discussion /Practice	Total
I	Leadership	B (1-2)	02	--	--	02
ii	Motivation	B(3-4)	02	--	--	02
iii	Communication And Listening Skills.	B(5-6)	02	--	--	02
iv	Public Speaking (With And Without Preparation)	B(7-14)	--	--	08	08
v	Syndicate Discussion	B(15-18)	--	--	04	04
vi	Counseling, Mentoring And Facilitation	B(19-20)	--	--	02	02
vii	Manners, Etiquettes And Development Of OLQs	B(21-28)	02	--	06	08
viii	Official & Social Call-on	B(29-30)	02	--	--	02
TOTAL			10	--	20	30

07	INTELLIGENCE / INTERROGATION	CODE	LEC	DEMO	Discussion /Practice	Total
I	Glossary Of Terms Used In Intelligence, planning, Collection, Interpretation And Dissemination Of Intelligence.	KINT (1-4)	02	--	02	04
ii	Collection Of OPS Intelligence And Action There upon, With Foresight & Proactive Approach.	KINT (5-8)	02	--	02	04
iii	Surveillance With Reference To Anti – Terrorism & Counter Insurgency And Precautions.	KINT (9-10)	02	--	--	02
iv	Case Study	KINT (11-12)	01	--	01	02
v	Agent Running & Types Of Agent And Precautions.	KINT (13-14)	02	--	--	02
vi	Handling Evacuation Of Suspects	KINT (15)	01	--	--	01
vii	Techniques Of Interrogation	KINT (16-17)	02	--	--	02
viii	Legal Aspects Of Interrogation In The Light Of NHRC.	KINT (18)	01	--	--	01
	TOTAL		13	--	05	18
08	MISCELLANEOUS SUBJECTS	CODE	LEC	DEMO	Practice	Total
I	Duties Of Coy-Commander	KM (1-2)	02	--	--	02
ii	Soft Skills – Use Of Internet /E Mail And Other Electronic Gadgets.	SM (1-7)	02	01	04	07
iii	Duties Of Mess Secretary Of GO's Mess	KM (3)	01	--	--	01
iv	Preparation Of Command-Diary	KM (4-5)	02	--	--	02
v	Office Procedures	KM (6-7)	02	--	--	02
vi	Salient Provisions Of CCS Conduct Rules	KM (8-9)	02	--	--	02
vii	Experience Sharing And Doubt- Clearing.	KM (10-11)	02	--	--	02
Viii	Field Engineering	SM (8-9)	02	--	--	02
ix	Riot Drill	SM (10-13)	04	--	--	04
x	Introduction to DM/CBRN	KM (12-15)	04	--	--	04
xi	Coy Drill	SM	00	-	-	00
xii	Demonstration firing of special weapon	SM (18-22)	05	--	--	05
xiii	Minority and its definition, problem, duties of majority & national commission for minority	KM (16-17)	02	--	--	02
	TOTAL		34	1	4	39

09	LAW	CODE	LEC	DEMO	Practice	Total
i	CRP Act & Rules	KL (1-4)	04	--	--	04
ii	PE/COI/DE	KL (5-13)	06	--	03	09
	TOTAL		10	--	03	13

10	CRPF MANUALS & IMPORTANT REFERENCES.	CODE	LEC	DEMO	DISCUSSION	Total
i	GC & Bn Officers Manuals.	KMAN (1-6)	02	--	04	06
ii	Estt., Account & Provisioning Manual.	KMAN (7-12)	02	--	04	06
iii	Ops Hank Book	KMAN (13-18)	02	--	04	06
iv	Documentation At Coy Level.	KMAN (19-22)	02	--	02	04
v	SOP S Of CRPF In Various Ops Theatres.	KMAN (23-26)	02	--	02	04
	TOTAL		10	--	16	26

11	GENERAL KNOWLEDGE SUBJECTS	CODE	LEC	DEMO	DISCUSSION	Total
i	Human Rights.	K(1-2)	02	--	--	02
ii	Police Organization In India	K(3-4)	02	--	--	02
iii	CRPF And Public Relations And Benefits Of Civic Action Programme.	K(5-6)	02	--	--	02
iv	Working procedure Of Police Upto Distt. Level.	K(7-8)	02	--	--	02
v	Basic Knowledge of computer (Word,PPT,)	K(9-23)	04	04	07 (Practice)	15
	TOTAL	--	12	4	7	23

12	PROGRESSIVE WEAPONS TRAINING.	Code	Lec	Demo	Practice	Total
I	Loading / Un loading / Firing / Types of Blockages and Immediate Clearing of X-95/AK-47/AKM Rifle.	SW (1-3)	--	01	02	03
ii	Basic knowledge of NVD	SW (4-5)	--	01	01	02
iii	Loading / Un-loading / Firing / Types of Blockages and Immediate Clearing of Pistol 9MM	SW (6-8)	--	01	02	03

iv	Theory of Small Arms	SW (9-10)	02	--	--	02
v	Bn-Support Weapons (CGRL / AGS-30 / AGL (Awareness Module Only)	SW (11-17)	02	02	03	7
vi	Use of Natural Cover While Returning Enemy Fire.	SW (18-20)	01	--	02	03
TOTAL			05	05	10	20

13. INTEGRATED WEAPONS TRAINING

SL	SUBJECT	CODE	LEC	DEMO	PRACTICE	Total
I	Principles of good shooting (POGS) & HAT.	SW (21-22)	2			02
ii	Rifle INSAS 5.56 MM / AK-47	SW (21-24)	--	02	02	04
iii	HE No.36 Grenade (Including Tube Launching)	SW(25-26)	--	01	01	02
iv	LMG 7.62 MM / 5.56 MM INSAS	SW(27-28)	--	01	01	02
v	51 MM MORTAR	SW (39-40)	--	02	--	02
TOTAL		--	02	06	04	12
14	STRESS-MANAGEMENT	CODE	LEC	DEMO	DISCUSSION	Total
i	Stress Management	BSM (1-2)	01	--	01	02
TOTAL			01	--	01	02

15	GPS AND MAP READING	CODE	LEC	DEMO	Practice		Total
	A) GPS				D	N	
I	What is GPS and Detailed Study of Working Principles of GPS and Terminology along with usage smart phone base navigation system(Orux , maverick	SMR (1-2)	01	01	--		02
ii	Setting of GPS, Data Editing/ Deleting	SMR (3-4)	01	--	01		02
iii	Reaching and Returning From Given Location by using GPS.	SMR (5-7)	01	--	02		03
iv	Practical Exercise to Reach Unknown Location, Preparing Routes and Procedure for Linking Routes from Way Points.	SMR (8-15)	--	06	02		08
v	Use of GPS at Night	SMR (16-17)	--	--	-	02	02

B) MAP READING							
I	Revision of Map Reading, (Grid References, Types of North Service Protractor, Prismatic –Compass, Setting Up of Map and Finding own Position).	SMR (18-20)	02	--	01		03
ii	Map to Ground and Ground to Map Practical Exercises.	SMR (21-25)	--	--	05		05
iii	Map Craft: - Identification of Ambush Sites and Planning an Ambush from Map-Recce and Consideration through Map and Sand Model.	SMR (26-30)	01	--	04		05
iv	Process of Making Sand –Models, Instruction, General Briefing of Sand Model.	SMR (31-34)	02	--	02		04
	Total		08	07	17	02	34
16	Guest Lecture/ Spare Periods/ Demonstration of special weapon	SM (23-28)	06				06
17	Counseling	KM (18-21)	04	--	--	--	04
18.	Firing (Zeroing, grouping, Application fire :- fire and move, moving target, stress shooting, jungle lane shooting as per standing order 09/2011)	SF (1-23)			23		23
19	Minority Rights	KM (24-25)	02	--	--	--	02
20	Endurance						
i	BOAC /05 Km road run & walk(BOAC for Below 40 year & run and walk for above 40 years)	E 1-6	06	--	--		06
ii	5 Km route march (with 12 kg weight)	E 7-8	02		--		02
iii	10 Km route march (with 12 kg weight)	E 9-12	04	--	--		04
	TOTAL		12	--	--		12
	GRAND TOTAL						492 + 02 weeks jungle Training

SUGGESTIONS RELATED TO IMPROVEMENT OF FIRING OF TRAINEES

01.	Instructors trained in "Shooting skill course" will conduct firing of trainees during the course.
02	More emphasis to be given to ABCDEFG drill at the firing range. A. Actual fire B. Buddy C. Cone fire D. Dismantling E. Emergency. F. Freezing G. Ground(use of ground)
03	A FIRING DATA CARD on the lines of health card is recommended to be maintained by each trainee based on which efforts should be made to improve their firing skill.
04	After introductory fire, BALL & DUMMY exercises are recommended to be carried out to segregate trainees based on the mistakes committed like FLINCH, BUCK, JERK. Trainees should be divided into groups, based on particular mistakes being committed and accordingly relevant corrective exercises be administered.
06	NOT MORE THAN 40 personnel to be allowed for firing practices at one range in a day.
07	Weapon training, Musketry & firing practices should be done religiously.
08	Dry practice on blank target be carried out, one week prior to actual practice, so that the firer understands the correct sight alignment and its importance.

JUNGLE CAMP TRAINING PROGRAMME FOR 02 WEEKS

JUNGLE CAMP: 01 week Jungle Camp + 01 week survival Exercise

- Prior to commencement of 01 week non stop survival exercise, trainees must be exposed to 6 days of non stop jungle halt in camp.
- At the very outset of the jungle camp, team should be divided into 2 groups- Enemy team and police team. Every day there will be role reversal i.e. enemy team will become police team and vice-versa.
- Sessions /Practical on Freezing-Silence- Water drill - Bowel drills etc must be strictly emphasised.
- Special weapon, Special equipment will be used tactically during jungle exercises.

Subject : Jungle camp Code : JC Periods : 130 Pds		Periods
D minus-1 Sunday	<ul style="list-style-type: none"> • Issue of narrative for jungle camp exercise. • Distribution of task by DS Prepration of briefing by trainees as OTW	
Day-1 Monday	<ul style="list-style-type: none"> ❖ Selection of Temporary camp site (Reece, appreciation and discussion, briefing, move, camp setting), (Before noon exercise) ❖ Pitching of tents, camp hygiene, sanitation, safety precautions, personnel administration, Erection of wire and other obstacle (After noon exercise) ❖ Preparation of sand model and cloth model. ❖ Practice target analysis, locating enemy during night and filling up of O.P Log book(Night exercise) 	10 Pds /Day
Day- 2 Tuesday	<ul style="list-style-type: none"> ❖ Defence TEWT, SMD, Exercise, night digging, night attack, De-briefing, preparation of defence range card, eye sketch, field sketch, verbal orders and fire control orders(before noon and night exercise) ❖ Demonstration and discussion on field fortification, fire trenches, weapon pits, command post, various types of obstacles, booby traps and trip flares(After noon exercise) 	10 Pds /Day
Day-3 Wednesday	<ul style="list-style-type: none"> ❖ Deliberation and discussion on characteristics of jungle and factors affecting jungle war fare, terrain, climate, lack of communication and visibility, disease, precautions, before, during and after move, general administration and equipment (Morning Exercise). ❖ Demonstration on "<u>stalking by day and night</u>" followed by practice on judging distance and "<u>targeton ke bayan aur pehachan</u>" (before noon and night exercise) ❖ Stand to, stand down, duties of sentries, day and night and challenge procedure, (Night exercise). ❖ Point to point exercise (Before noon exercise) 	10 Pds /Day

Day-4 Thursday	<ul style="list-style-type: none"> ❖ Section/Platoon formation, Field signals. ❖ Map to ground and ground to map exercise ❖ Patrolling and section chance encounter (Exercise) ❖ Night navigation exercise ❖ Marching with the help of map/GPS 	10 Pds /Day
Day-5 Friday	<ul style="list-style-type: none"> ❖ Advance to contact, immediate section/ platoon battle drill and chance encounter, FCO exercise- using IWESS, harness and equipment (morning exercise) ❖ Raid on hostile hideout, SMD, Day and night exercise debriefing(Morning and night exercise) ❖ Search and fighting in built up area(before noon exercise) ❖ Freezing exercise 	10 Pds /Day
Day- 6 Saturday	<ul style="list-style-type: none"> ❖ Demonstration and discussion - Cordon and search of a village, SMD and procedure for screening of villagers and identification of suspects. (Morning and afternoon exercise) ❖ Conduct of Ex-CASO (Exercise) ❖ Conduct of mobile check post and nakabandi, SMD, Exercise, Search of men and vehicles- debriefing (morning and before noon exercise) ❖ Exercise Raid at early hour(First light) ❖ Water body crossing drill at night. 	10 Pds /Day
	----SUNDAY----	

07 DAYS SELF CONTAINED OUT DOOR EXERCISE

Note:- 1) List of scale of ration and list items are enclosed as appendix 'A' and Appendix – 'B' for survival exercises which should be in BIVOUAC in buddies . Before proceeding for 07 days self contained jungle training, the following Instructions regarding preparation for jungle training, cooking food, water discipline and bowl discipline may be kept in mind for strict compliance.

- i) 7 days self contained jungle training vide letter No.T.V.6/2010.Trg.6 dated,29/12/2010.
- ii) Movement, Cooking, Water discipline and Bowl discipline vide ltr No.T.V.6.2010.Trg.6 dtd.31ST Dec,2010.

DAY	SUBJECT/EXERCISE
DAY 1 Monday	<ul style="list-style-type: none"> • Preparation of move-order with details of weapons • Briefing by Commanders under supervision of DS • Final inspection of troops by commanders (specially checking of signal equipments and arms/ammunitions) • Move out of Base Camp for <i>Ops Padaav</i> keeping security precautions:- <ol style="list-style-type: none"> i) Foot mobile movement by patrolling/ROP method or ii) Move by vehicles clandestinely up to a safe point followed by foot mobile movement in the form of patrolling/ ROP wherever applicable. • Taking LUP and Initial recce by 'O'- group, sanitization of the area , all round defence of LUP/COB area • Establishing observations and listening posts and camp drills • Making eye- sketch of area of operation

	<p>Note:-</p> <ol style="list-style-type: none"> 1) During above exercises, enemy will lay ambush enroute, fire on camp during establishment of LUP/COB. Counting drill be followed during patrolling 2) IED be placed at water point and under trees or at probable places where troops are supposed to go. 3) QAT to react promptly to counter the threat once LUP is fired upon. 4) All activities are to be as discreet as possible
<p>DAY 2 Tuesday</p>	<ul style="list-style-type: none"> • Practicing bowel control (time for nature's call be changed every day) and ablution drills • water discipline • De- briefing of <i>Ops Padaav</i> under supervision of DS • Issuing narration for patrolling (<i>Ops Parikrama</i>) to dominate the area and gather intelligence. • Briefing under supervision of DS. • IAD drills of all the situations (<i>Ops Hunkaar</i>) during patrolling. • De-briefing of <i>Ops Parikarma</i> and <i>Hunkaar</i> under supervision of DS. • Exercise of camouflage and concealment (day time). • Issue of narration for next day early hour ambush (<i>Ops Ghaat</i>) and briefing under supervision of DS. • Observation and listening drill, filling in observation log book (training staff will make movements and other activities in front of trainees during observation and listening drill to assess the level of alertness of the trainees)
<p>DAY 3 Wednesday</p>	<ul style="list-style-type: none"> • Early hour ambush and counter ambush (<i>Ops Ghaat</i>) • Exercise on crossing water bodies if possible enroute • De- briefing of <i>Ops Ghaat</i> • Freezing exercise (one hour continuously): trainees will be asked to lie down and remain still without making any movement/ noise. This will be strictly done under supervision of DS. Who-so-ever breaks the above rule will be immediately taken out/ excluded from the group to highlight its importance). • Exercise of making hides (hides should be made in such a way that at least two- three persons can be accommodated and such hides should be as such that no one can locate it.) • Observation and listening drills, filling in observation log book • Issue of narration for CASO (<i>Ops Gherao</i>) the next day and briefing under supervision of DS. • Exercise on sudden close- contact during night.
<p><u>EXERCISES FOR LAST week OF JUNGLE CAMP</u></p> <p>No activities (unnecessary) during day time, complete Camouflage & concealment, observation& listening during day time, cooking not permitted. After completion of exercise on last day, troops should be subjected to BATTLE INOCULATION.</p>	
<p>DAY 4 Thursday</p>	<ul style="list-style-type: none"> • Practicing bowel control (time to go to toilets/nature's call be changed every day) and ablution control drill • <i>Ops Gherao</i> • De- briefing of <i>Ops Gherao</i> under supervision of DS • Camp attack by enemy during de- briefing time. • Shifting of camp location • Issuing narration for raid (<i>Ops Prahaar</i>) • Freezing exercise • Sending Recce patrol • Briefing of <i>Ops Prahaar</i> under supervision of DS • Set out for <i>Ops Prahaar</i> in night

DAY 5 Friday	<ul style="list-style-type: none"> • <i>Ops Prahaar</i> at first light • De briefing of <i>Ops Prahaar</i> under supervision of DS • Making hides and living in hides • Practicing listening and observation from hides and filling in observation log book • Freezing exercise • Issue of narration for search and destroy operation SADO (<i>Ops Dhawast</i>) • Briefing of <i>Ops Dhawast</i> under supervision of DS • Set out for <i>Ops Dhawast</i> at late night
DAY 6 Saturday	<ul style="list-style-type: none"> • <i>Ops Dhawast</i> (to be completed before noon.) • De briefing of <i>Ops Dhawast</i> under supervision of DS • Issue of narration for MCP (<i>Ops chakra</i>) • Briefing <i>Ops Chakra</i> under supervision of DS
DAY 7 Sunday	<ul style="list-style-type: none"> • Practicing bowel control • <i>Ops Chakra</i> • Exercise on causality evacuation • Exercise on crossing water bodies if possible • Returning to trg. Camp by noon • Subjecting trainees to <i>Battle Inoculation (Ops Sanghar)</i> exercise at available range.

TIME TABLE FOR SURVIVAL RATION

Day	Break Fast	Break Time	Lunch	Dinner
1	Bread, Jam	Biscuit & Glucose	Aval*(Fried rice) with Sugar candy	Chapatti, Pickle, Onion and Idly powder with oil
2	Apple, Pomegranate & Carrot	Biscuit & Glucose	Aval with Sugar candy and ground nut cake	Chapatti, Pickle, Onion and Idly powder with oil
3	Bread , Jam	Biscuit & Electoral powder	Aval with Sugar candy and Dates	Chapatti, Pickle, Onion and Idly powder with oil
4	Apple, Pomegranate & Carrot	Biscuit & Glucose	Aval with Sugar candy and ground nut cake	Chapatti, Pickle, Onion and Idly powder with oil
5	Bread and Jam & Dates	Biscuit & Glucose	Aval with Sugar candy	Chapatti, Pickle, Onion and Idly powder with oil
6	Apple, Pomegranate and Dates	Biscuit & Electoral powder	Aval with Sugar candy	Chapatti, Pickle, Onion and Idly powder with oil
7	Bread, Jam	Biscuit & Glucose	Aval with Sugar candy and Dates	Chapatti, Pickle, Onion and Idly powder with oil

* Aval = Kutcha Pova

SURVIVAL RATION SCALE

S.NO	NAME OF ITEM	NO.OF TIMES X QUANTITY IN GMS	TOTAL WEIGHT IN GMS
1	BREAD	4X175	700
2	JAM	4X50	200
3	BISCUIT	7X2 PIECES	200
4	DATES	4X100	400
5	GLUCOSE	5X40	200
6	ELECTORAL POWDER	2X20	40
7	AVAL	7X140	1000
8	SUGAR CANDY	7X35	250
9	PICKLE	7X35	200
10	IDLY POWDER	7X15	100
11	GINGILI OIL	7X15	100
12	GROUNDNUT CAKE	2X125	250
13	APPLE	3X175	500
14	POMEGRANATE	3X175	500
15	CARROT	2X125	250
16	ONION	7X70	500
17	CHAPATTI	7X35	1750
TOTAL			7Kgs 140Gms

SURVIVAL KIT

S.NO	NAME OF ITEM	TOTAL WEIGHT IN GMS
1	Haversack	1400
2	Green sheet	960
3	Bed sheet	700
4	Towel	170
5	Rope (3 Meters)	135
6	Torch light with battery	110
7	Knife	75
8	First aid kit	100
9	Water bottle (02 Nos)	2000
10	Plate	100
11	Tumbler	150
12	Inner garments	150
Total		6 Kgs and 50 Gms

TEST POLICY FOR FINAL EXAMINATION OF ACPC

(Final Test will be conducted after 11th Week)

The final assessment of trainees undergoing ACPC should be conducted in following 2 phases:

- 1) Internal assessment - 150 Marks
- 2) External Assessment - 400 Marks
- Total - 550 Marks

1) INTERNAL ASSESSMENT (150 Marks)

A) Assessment by internal Board of Officers

An internal board may be detailed by the Principal/Head of the institution on following. The internal board should be constituted under the chairmanship of a Commandant/2 I/C and One member not below the rank of AC.

- 1. Written Examination in the nature of application 50 Marks

Tactical solution to Ops problem would also be a part of it in writing.

- 2 Evaluation of assignment 25 Marks

(Each trainee will be given a Project Work/Assignment at the beginning of the course itself and its evaluation will be done any time after completion of 5th week.)

- 3. Tactical exercises on minor operations with troops. 25 Marks

(This evaluation can be conducted during in Campus training from 2nd week onwards. Each trainee will be given the narrative at least 12 hours in advance on any one of the minor operations viz ambush, raid, CASO, SADO etc and asked to conduct the operation. They should be evaluated for their planning, briefing, executing and leading skills)

- 4. Firing test 50 Marks

Total Marks for Internal Assessment 150 Marks

2) EXTERNAL ASSESSMENT (400 Marks)

- a) On the request of the concerned Training Institution a BOO under the chairmanship of an IGP with following members will be constituted by the Training Directorate to conduct the final examination:

1.	IGP	01 (As Presiding Officer)
2.	DIGP	01
3.	Comdt	01
4.	2 I/C	01
5.	Dy. Comdt	03

- b) The above constitution of Board is for strength of 80 trainees. For every increase in the strength of trainees by 20 personnel an additional Dy. Comdt. may be detailed as member of the Board.
- c) The Question Paper for written test will be set by Board of Officers in consultation with the concerned training institution.
- d) The external assessment should be completed within a period of four days. Three days should be dedicated for assessment and one day for evaluation and drawl of proceedings.
- e) The BOO will assess the trainees as per following details:-
- i) WRITTEN EXAMINATION (200 Marks)

Written examination will consist of 02 papers of 100 marks each to be completed in 3 hours duration separately as per details given below. 40% of each question paper will be objective type and remaining 60% will be subjective.

PAPER	SUBJECT	MAX MARKS
Paper –1 Duration 3 hrs Max Marks 100	Internal Security, CI(Ops), Minor Tactics, Intelligence and Interrogation, Psychological Ops, Map Reading, GPS & IEDs, Psychological well being	100
Paper-2 Duration 3 hrs Max Marks 100	Law, CRPF Act & Rules, CRPF Manuals, Management, Human Rights, General Knowledge and Current Affairs.	100
	TOTAL	200

ii) PRACTICAL ASSESSMENT (200 Marks)

Practical assessment will have five events as per details given below. Keeping in view the limitation of time, the entire batch of trainees will be divided into small groups depending on the strength.

EVENT	SUBJECT	MAX MARKS
Event-1	Tactical Exercises without troops. This is conducted on Sand Model/Survey of India Maps/Google Maps etc. with an aim to test following : * Briefing Skills, * Tactical Appreciation, * Planning, * Level of confidence,	50 Marks
<p>✓ The training institution will maintain a set of 20-25 narratives on different tactical exercises.</p> <p>✓ These narratives will be issued to the trainees in groups at least one day in advance.</p>		

Event-2	<p>Handling and application of Weapons & Explosive. This should include :</p> <p>PART I</p> <ul style="list-style-type: none"> * X-95 Rifles * AK Series Rifles * 5.56 INSAS Rifles * LMG 7.62/5.56 mm * Pistol <p style="text-align: right;">} 5x5=25 Mks</p> <p>PART II</p> <ul style="list-style-type: none"> * AGL/AGS/UBGL * 51 MM Mortar * Hand/Rifle Grenades/Explosive * CGRL/MMG * NVD <p style="text-align: right;">} 5x5=25 Mks</p>	50 Marks
Event-3	Exercises on map reading and GPS	50 Marks
<p>✓ <i>The training institute should maintain a set of different exercises on Map Reading and GPS based on the syllabus and trainees should be tested on them at random. The instructors involved in teaching MR/GPS should be co-opted during this test.</i></p>		
Event-4	Critical Situation Response (CSR) in Coy Management	50 Marks
<p>✓ <i>Each syndicate will be given a different critical situation arising in a coy in day to day administration. This will be conducted in a TEWT form in which narrations are given on critical situations to a group of 10 to 15 (Syndicate). However individuals have to respond with solutions in writing and their papers are evaluated.</i></p> <p>✓ <i>The time for consideration and discussion within the syndicate may be fixed by the Board, depending upon the situation given.</i></p> <p>✓ <i>The whole exercise is expected to be of approximately one hour duration.</i></p> <p>✓ <i>The trainees should be assessed for their analytical ability, decision making ability and logical approach to a situation.</i></p> <p>✓ <i>The training institutions should maintain a set of different situations for this purpose</i></p>		
TOTAL		200 Marks

3. QUALIFYING STANDARDS AND GRADING PATTERN

- i. The grading will be decided on the basis of combined marks obtained in Internal and External Assessments. To qualify the examination a candidate is required to secure a minimum of 40% marks in each subject in the external assessments and 45% in aggregate which should include both internal and external assessment tests.
- ii. Eminent sports personalities will be given relaxation in pass percentage to the following extent:-
 - i. 33% in each subject
 - ii. 35% in aggregate

(Eminent sports personalities for this purpose would mean those sports persons who have won medal at force/national/international level in their event)
- iii. Keeping in view the fact that this is a promotional course, the composite system of awarding grading will be adopted based on the percentage of the marks secured in aggregate as per following details. There is no need to assess his knowledge, skills and instructional ability separately.
 - a) 70% and above - Grade 'A'
 - b) 60% to below 70 % - Grade 'B'
 - c) 45% to below 60% - Grade 'C'
(35% to below 60% in respect of sports person)
 - d) Below 45 % - Fail
(Below 35 % in respect of sports person)