



सानिध्य

CWA

CRPF Family Welfare Association

इस अंक में विशेष

स्वागत
श्रीमती संध्या मिश्रा
अध्यक्षा- CWA

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2015



From the pen of CWA President....

The Central Reserve Police Force, the World's largest Armed Police Force raised on 27th July, 1939, its history is a saga of sacrifice and courage, of battles won and laurels achieved. Deployed across the length and breadth of the Nation, the troops fight against destructive forces to protect Internal security and sovereignty of Nation. The operational profile of the Force is such that the Jawans are away from their family and the lady of the house has to take over back home multifarious tasks ranging from domestic affairs/education to their kids to caring for the old aged parents.

With regard to provide a strong support forum to families of CRPF fore-front component of this elite fighting Force to take care of the well being of their family members and making the jawan at ease, the CRPF family Welfare Association emerged in 1995 with its sole aim and objective to fulfill the dire need of women, empowering them and making them self reliant.

Therefore, CWA shall proceed precisely with its continued stride in strengthening and streamlining the functioning of CWA so as to make it a vibrant and significant forum to take care of the well being of differently able personnel of CRPF, family and wards of CRPF martyrs and retired personnel. Grievances mechanism shall be put in place at every Regional, CWA to redress the grievances of women/wards residing in Group Centre campus and its jurisdiction.

I am sure that newly elected members of various committees of CWA shall make their best contribution towards women empowerment, health care, Parent counselling, Career counselling of wards and other welfare activities affecting the well being of CRPF families, widows, children with special needs, differently able personnel and families of retired personnel. Along with above, RCWA/FWC shall work with a vision to give a sense of pride and belongingness and enhance the income of CRPF ladies working in centers as already deliberated upon in various meetings to collaborate with reputed companies for branding of products like Pickles, Handmade articles, Embroidery items etc.

In the end I would urge all to work together for the accomplishment of aims and objectives of association and also active participation of all RCWA/FWC would make our dream come true. I extend my best wishes to all the members and wish CWA a bright journey ahead.

Jai Hind.....

साथक सहयोग सर्वदा

Sandhya Mishra
(Sandhya Mishra)





GOVERNING BODY



SMT SANDHYA MISHRA
PRESIDENT

SMT SAVI TAYAL
Sr VICE PRESIDENT

SMT MADHU DUBEY
Sr VICE PRESIDENT

SMT SUJATA PRASAD
Sr VICE PRESIDENT

SMT MINI JHA
VICE PRESIDENT

SH B P SINGH
DIG(WELFARE)
SECRETARY

SH MOHINDER KUMAR
DY COMDT (WEL)
JT SECRETARY

SMT PRATIBHA SINGH
HON SECRETARY

DR ANJALI NIRMAL
HON TREASURER



NEWLY ELECTED CEC MEMBERS



NAME WITH DESIGNATION
Smt Sandhya Mishra (President) w/o Sh. Prakash Mishra,DG,CRPF
Smt Savi Tayal w/o Sh R.C.Tayal, SDG (J&K Zone)
Smt Sujatha Prasad w/o Sh K.Durga Prasad,IPS,SDG(CZ)
Smt Madhu Dube w/o Sh. Vivek Dube, SDG
Smt Mini Jha w/o Sh.Kishore Jha,ADG (NEZ)
Dr Anjali Nirmal (Treasurer) w/o Dr. N.C.Asthana IGP (Cobra)
Smt Amrita Mishra w/o Sh.R.K.Mishra,IPS IGP JKD Sector.
Smt Munni Yadav w/o Sh. V.S.Yadav, IG (Trg.)
Smt Anita Kumari w/o Sh.Shailendra Kumar, IGP (Comm &Works) Dte.
Smt Tanuja Bhandari, W/o Shri K.S.Bhandari,IGP, Srinagar
Smt Neelam Singh w/o Shri. P.K. Singh, IGP, NEZ HQR
Smt Sushma Pandey w/o Shri. R.P.Pandey, IG (Adm) Dte.
Smt Kamla Meena w/o Sh.R.M.Meena,DIG(Adm)N/S
Smt Santosh , w/o Sh. Sham Chand, DIG Range New Delhi
Smt Kaneez Hasnain w/o Sh.S.M.Hasnain,DIG,IT,Dte
Smt Pratibha Singh (Honorary Secretary) w/o Sh. B.P.Singh,DIG (Wel) Dte
Smt Roli Singh w/o Sh Rakesh S. Chauhan DIG,GC G/Noida
Smt Poonam Sharma w/o Sh R.K.Sharma DIG (Cobra)
Smt Sukhjeet Grewal w/o Sh.D.S.Grewal,Comdt.(Proc) Dte
Smt Poonam Tripathy w/o Sh Prabhakar Tripathi,Comdt ,SDG
Smt Sanju Singh w/o Sh. Shailendra ,DIG,Rectt.Dte
Smt Rashmi Ranjan w/o Rajnish Ranjan ,CMO,SDG
Shri B.P.Singh,DIG (WEL) DTE (Secretary)
Shri Mohinder Kumar D/C ,WEL-2(Joint Secretary)



NEWLY CONSTITUTED COMMITTEES



1. CULTURAL COMMITTEE:

SMT NEELAM SINGH	—	CHAIRPERSON
SMT SANTOSH	—	MEMBER-I
SMT NEERU DUBEY	—	MEMBER -II
SMT POONAM TRIPATHI	—	MEMBER – III

2. EDUCATION COMMITTEE :

SMT MINI JHA	—	CHAIRPERSON
SMT TANUJA BHANDARI	—	MEMBER -I
SMT REENA LAKHA	—	MEMBER -II
SMT ROLI SINGH	—	MEMBER – III
SMT CHITRA YADAV	—	MEMBER – IV

3. VOCATIONAL TRAINING COMMITTEE :

SMT AMRITA MISHRA	—	CHAIRPERSON
SMT VRINDA BHORIYA	—	MEMBER-I
SMT RENU YADAV	—	MEMBER -II
SMT MAUSAMI NANDA	—	MEMBER – III

4. HEALTH COMMITTEE :

VACANT	—	CHAIRPERSON
SMT RASHAMI RANJAN	—	MEMBER-I
DR. BHARTI JAGIRDAR	—	MEMBER –II

5. MAGZINE COMMITTEE :

SMT MINI JHA	—	CHAIRPERSON
SMT SUSHAMA PANDEY	—	MEMBER-I
SMT SANJU SINGH	—	MEMBER -II



6 SPORTS COMMITTEE :

- SMT MUNNI YADAV – CHAIRPERSON
- SMT ASHA RAJORA – MEMBER-I
- SMT SAMPATI GHOSH – MEMBER –II

7 VIDEO CONFERENCE / TECHNICAL COMMITTEE :

- SMT ANITA KUMARI – CHAIRPERSON
- SMT KANEEZ HASNAIN – MEMBER-I
- SMT KAMAL SANDHU – MEMBER-II
- SMT MOHINI GAUTAM – MEMBER –III

8 CWA CLUB COMMITTEE :

- SMT SANJU SINGH – SECRETARY
- 02 MEMBERS (TO BE SELECTED BY ‘SECRETARY’ EVERY MONTH)

9 GRIEVANCE COMMITTEE :

- DR. ANJALI NIRMAL – CHAIRPERSON
- SMT AMRITA MISHRA – MEMBER-I
- SMT MUNNI YADAV – MEMBER –II
- SMT POONAM SHARMA – MEMBER – III

10 SAMPURTI COMMITTEE :

- DR. ANJALI NIRMAL - CHAIRPERSON
- SMT MUNNI YADAV - MEMBER – I
- SMT SANTOSH - MEMBER – II
- SMT POONAM TRIPATHI - MEMBER – III

11 SCREENING / SUPERVISING COMMITTEE :

- SMT SAVI TAYAL
- SMT SUJATA PRASAD
- SMT MINI JHA



DAYS CELEBRATED/OBSERVED BY CWA



IMPORTANT DAYS

DATE

GIRL CHILD DAY

24 JANUARY

INTERNATIONAL WOMEN DAY

08 MARCH

INTERNATIONAL HEALTH DAY

07 APRIL

SENIOR CITIZEN DAY

06 MAY

INTERNATIONAL ENVIRONMENT DAY

05 JUNE

CWA RAISING DAY

22 JUNE

CLEANINESS DRIVE

15 AUGUST

PICNIC

AS PER CONVENIENCE

ADULT LITERACY DAY

08 SEPTEMBER

GANDHI JAYANTI

02 OCTOBER

CHILDREN SPORTS AND FUN DAY

14 NOVEMBER

WORLD AIDS DAY

01 DECEMBERS



KALEIDOSCOPE / ACTIVITIES OF CWA HEADQUARTER



International Women's Day is celebrated on **March 8th** every year.

The focus of the celebrations ranges from general celebration of respect and honour/ appreciation for women's achievements in various domain/every walk of life.

CWA observed International Women's Day at a function which was held at CRPF Officers' Institute 'Shorya' New Delhi on March 13th, 2015. Smt Aruni Doval wife of Shri Ajit Doval National Security Adviser was the Chief Guest, while Smt Anita Goyal wife of Shri LC Goyal Union Home Secretary was the Guest of Honour on the occasion.

As part of function, a talk on health issue was delivered by Dr Jyoti Bali and Smt Bharti Taneja talked on beauty show.

Our Mahila achievers who excelled exceedingly well in their sphere were also honoured by the Chief Guest.



JOB ORIENTED COURSES OFFERED IN YOUR TOWN



AN EFFORT BY CWA TO MAKE YOU SELF RELIANT

- 1 NATIONAL INSTITUTE OF FASHION TECHNOLOGY
- 2 NSD – SUMMER COURSES FOR CHILDREN
- 3 INDIAN RED CROSS SOCIETY
- 4 NATIONAL SCIENCE CENTRE
- 5 BIHAR SCHOOL OF YOGA
- 6 MORARJI DESAI NATIONAL INSTITUTE OF YOGA
- 7 MSME TECHNOLOGY DEVELOPMENT CENTRE
- 8 MSRE – SAMSUNG TECHNICAL SCHOOL
- 9 KIT FOUNDATION
- 10 TEXTILE DEPTT. (WEAVER'S CENTRE)
- 11 POLYTECHNIQUE





GAMUT OF ACTIVITIES OF RCWAs CENTRAL / ZONE

Being the largest Zone from geographical and deployment wise, many RCWA and FWC's are functioning impeccably within this Zone. Under the able guidance of Smt Sujata Durga Prasad, who recently became a part of this family, the zone will be working vigorously towards achieving the milestones set for this zone. All regional centres will flourish in different spheres starting from social outreach programmes to empowerment of women and welfare of CRPF wards and their families under her guidance. The gamut of activities conducted by its various GC's and regional centres are pictorially depicted in the photographs.





Regional CRPF Family Welfare Association (RCWA), Bhubaneswar celebrated **“International Women’s Day”** on 08/03/2015. Various programme for ladies like spiritual dance programme, various games etc were organized on this occasion. Lady wives of officers, working ladies posted in Bhubaneswar and families of other ranks who are staying in Bhubaneswar have participated in these events.





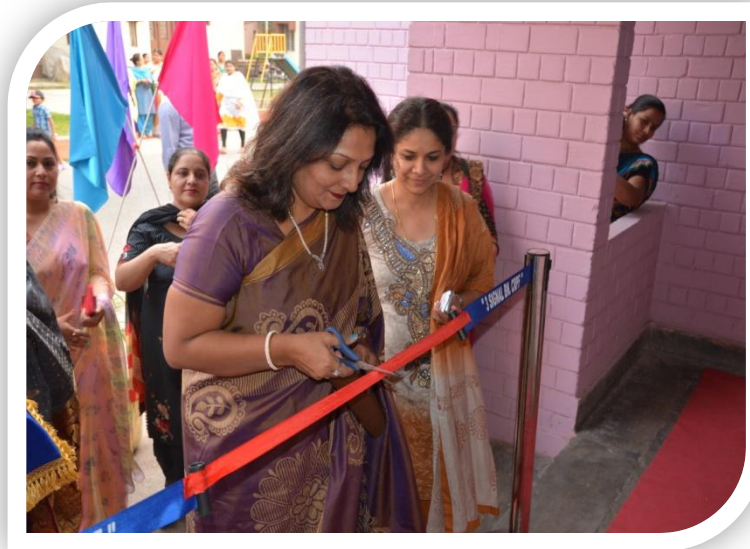
3rd SIGNAL BN



Family Welfare Center has now been established at Unit Headquarter of 3rd Signal Bn at Kolkata and it has started functioning w.e.f 14/02/2015. It begun to functioning with the curricular viz. Beauty Parlour, Knitting and Stitching etc.

This RCWA observed International Women Day on 8th March 2015 in a befitting manner in collaboration with newly raised Family Welfare Center. All members and President toiled on the occasion of International Women Day to make it an impressive success. The following programmes were organized on the occasion of International Women Day:

- 1 Lay Out of Rangoli
- 2 Mehendi Competition
- 3 Guldasta Making Competition
- 4 Shankha Competition
- 5 Lemon With Spoon Race
- 6 Needle & Thread
- 7 State wise traditional Dress Show
- 8 Passing of Doll/Ball
- 9 Classical Dance/Song Competition
- 10 Distribution of Reward





KALEIDOSCOPE OF ACTIVITIES OF RCWAs J&K ZONE



RCWA, GC Bantalab CRPF has been very regular and particular in connecting socially with one and all and promoting awareness of arts and culture among the women and children. This association has also organized successful programmes in past for up liftment and strengthening the women like opening ladies gym, celebrating women's day in befitting manner, various health awareness and cultural programmes, women sports and vocational training for women.

An art of living camp was organized which was attended by working ladies, wife of all Ranks (120), where they learnt how to get over from stress by way of adopting stress – relief course based on Yoga/Breathing/Meditation.

RCWA ,GC Pinjore in its endeavors to accomplish aim and objectives had conducted series of events which mainly included observance of Disabled day, Girls day and also organized Sharp Brains Point seminar for the student of KV school. At function wheel chairs to differently able children were given.



RCWA, GC Jalandhar have taken lead with its innovative ideas to promote habit of saving & managerial and leadership qualities in CWA workers and women empowerment. RCWA GC jalandhar had also conducted Training programme for ladies in various sphere such as :-

- 1) Book keeping and financial management/banking interface
- 2) Counseling and decision making ability
- 3) project ownership interactive drive
- 4) Income avenues





Central Family Welfare Association, Srinagar celebrated International Women’s Day at Recruit Training Centre, Humhama.

Many activities were organized on this occasion which included Rangoli Show, Healthy Baby Show and Cultural Programme. A special lecture on empowerment of women was also conducted. The day marked a focus on gender issues, empowerment of women, appreciation and respect for the femininity.



GAMUT OF ACTIVITIES OF RCWAs NORTH-EAST ZONE



RCWAs in North East Region under the aegis of NE Zone have partaken various activities towards the welfare and uplifting of families of CRPF personnel of all Ranks. The RCWA Imphal participated in the Republic Day celebration-2015 and the Annual Function with the children of Montessori School. It was also their enduing effort, to bring health awareness among the families and personnel of the Force. To fulfil the objective , World Cancer Day was observed and a Health seminar was also conducted on 4th February 2015. The activities conducted by RCWAs were a confluence to closer ties with the families of Force members and to promote welfare, with an aim to develop sense of confidence and inclusiveness.



GC Silchar organized Mela in the Campus of Group Centre Silchar. Mela was inaugurated by Smt Rajashree Gopal W/O Maj. Genl. Gopal R., SM. The features of the Mela was cultural programme by the children, presentation of Commendation Certificates to the outstanding wards of CRPF personnel excelled in Academics, Sports and in cultural activities. The Mela ended with a sense of fulfillment. Joy and pride in the heart and mind of all the members and families of Group Centre, Silchar.

GAMUT OF ACTIVITIES OF RCWAs SOUTH ZONE



परिवार कल्याण केन्द्र : बहुआयामी प्रयास

ग्रुप केन्द्र, केरिपुबल, पुणे के परिवार कल्याण केन्द्र में महिलाओं एवं बच्चों के उत्थान के लिए निरंतर विभिन्न प्रकार की गतिविधियों/कार्यक्रमों का आयोजन किया जाता है। इनके द्वारा सफाई अभियान कार्यक्रमों का आयोजन किया जाता है जिसमें कैम्प परिसर के प्रत्येक जवान/अधिकारी/महिलाएं व बच्चे शामिल होते हैं। कैम्प परिसर में रह रहे जवानों के परिवार की बुजुर्ग महिलाओं द्वारा उन्हें माँ का स्नेह प्रदान किया जाता है जिससे कैम्प में सकारात्मक परिदृश्य परिलक्षित होता है। बच्चों के शारीरिक विकास एवं महिलाओं को आत्मरक्षा के लिए प्रेरित करने के लिए कैम्प परिसर में जुडो-कराटे प्रशिक्षण, वरिष्ठ नागरिकों से मुलाकात कर सौहार्दपूर्ण वातावरण तैयार किया जा रहा है।

महिला दिवस के अवसर पर कई मनोरंजक कार्यक्रमों का आयोजन किया गया। महिलाओं के मनोबल को उँचा बनाना, उनके मनोरंजन हेतु परिवार कल्याण केन्द्र में तीज त्योहारों के अवसर पर झूले लगाना, म्यूजिकल चेयर प्रतियोगिता, मेहंदी एवं रंगोली जैसी विविध प्रतियोगिताओं का आयोजन बड़े ही रंगारंग तरीके से करवाना शामिल होता है।



मोन्टेसरी स्कूल में मिड डे मिल का आयोजन



परिवार कल्याण केन्द्र में महिलाओं द्वारा जूडो कराटे प्रशिक्षण



CRPF FAMILY WELFARE ASSOCIATION, BANGALORE

SUMMER CAMP-2014



COMPUTER COURSE FOR FAMILY AND WARDS





"SAI KRIPA" SHELTER HOME FOR CANCER PATIENTS: AN INITIATIVE BY 102 RAF



Cancer kills being diagnosed with Cancer has always been taken as death sentence by a majority of population. It is one of the leading cause of death, second only to heart disease. Of late, to change in the lifestyle and food habits, Cancer has emerged as one of the major health problems in the society. Similarly more and more cases of Cancer are being reported frequently among our force personnel and their family members also. Tata Memorial Hospital at Parel, Mumbai is considered as on of the best hospital for treatment of Cancer in Asia and a large number of force personnel and their family members coming to Mumbai for treatment, had to face multifarious problems such as high cost of treatment, non availability of economical accommodation and conveyance. Since the cost of living is very high in Mumbai, many a time, family members of the Cancer Patients end up sleeping on the footpaths out side TMH, Parel. The cost of treatment was also unaffordable for normal force personnel.

INTIATIVES BY 102 BN RAF

Considering the dire need of the Cancer patients of the Force, following initiatives have been taken by the Unit.

(A) SIGNING OF MoU WITH TMH, PAREL FOR CASHLESS TREATMENT:-

102 RAF Unit approached Tata Memorial Hospital for treatment of force personnel/their dependent family members of cashless mode. After sincere persuasion, TMH agreed to extend facility of cashless treatment and MoU with TMH was signed on 05/07/2013 with Western Sector.

Till date, 151 personnel (68 force personnel + 83 dependents) have been benefitted. Presently, 45 patients are undergoing Cancer treatment at TMH and are staying at 102 Bn RAF.

(B) ACCOMMODATION:

Being the costliest city of India, accommodation in Mumbai is a big challenge for a common man. A newly detected Cancer patient generally requires separate accommodation for 5-6 month with 1-2 family members. Chemotherapy is given to almost all patents and it is very painful and time taking treatment. Therefore patients undergoing Chemotherapy require AC rooms for comfort/recovery & recuperation.

Earlier patients used to come to TMH and stay at local lodges/dharmashalas nearby TMH, which used to cost them huge amount.

After assessing this unavoidable requirement of force personnel and their families, the project of Cancer patients shelter home "Sai Kripa" was conceptualized by Unit and in April, 2013, an old and dilapidated semi-permanent structures of store block has been modified/renovated within Unit's own resources as an accommodation for 09 patients and their family members in which provision for one Air Condition room for Chemotherapy patients has also been made available.



GRIEVANCE COMMITTEE



In order to correspond for redressal of grievances in respect of CRPF families of our martyrs, a grievance committee of CWA comprising following has been formed.

DR. ANJALI NIRMAL, CHAIRPERSON W/O DR. N.C. ASTHANA,
IG CoBRA

SMT. AMRITA MISHRA, MEMBER-I W/O SHRI R.K. MISHRA, IG
JKD SECTOR

SMT. MUNNI YADAV, MEMBER-II W/O SHRI V.S. YADAV, IG
(TRG) DTE

SMT. POONAM SHARMA, MEMBER-III W/O SHRI R.K. SHARMA,
DIG CoBRA

Families of our martyrs can make correspondence with grievance committee at the e-mail id (grievancecommittee@gmail.com) for instant action for their grievances.

Contact us : 011-24369514
Email: Grievance : grievancecommitte@gmail.com
Activities : editorcwamagazine@crpf.gov.in



MAGAZINE COMMITTEE

CHAIR PERSON



SMT MINI JHA
VICE PRESIDENT CWA



SMT SUSHAMA PANDEY
MEMBER



SMT SANJU SINGH
MEMBER

VIDEO CONFERENCING COMMITTEE

CHAIR PERSON



SMT ANITA KUMARI



SMT KANEEZ HASNAIN
MEMBER



SMT KAMAL SANDHU
MEMBER

CREATIVE SUPPORT



SMT PRATIBHA SINGH
HON' SECRETARY, CWA